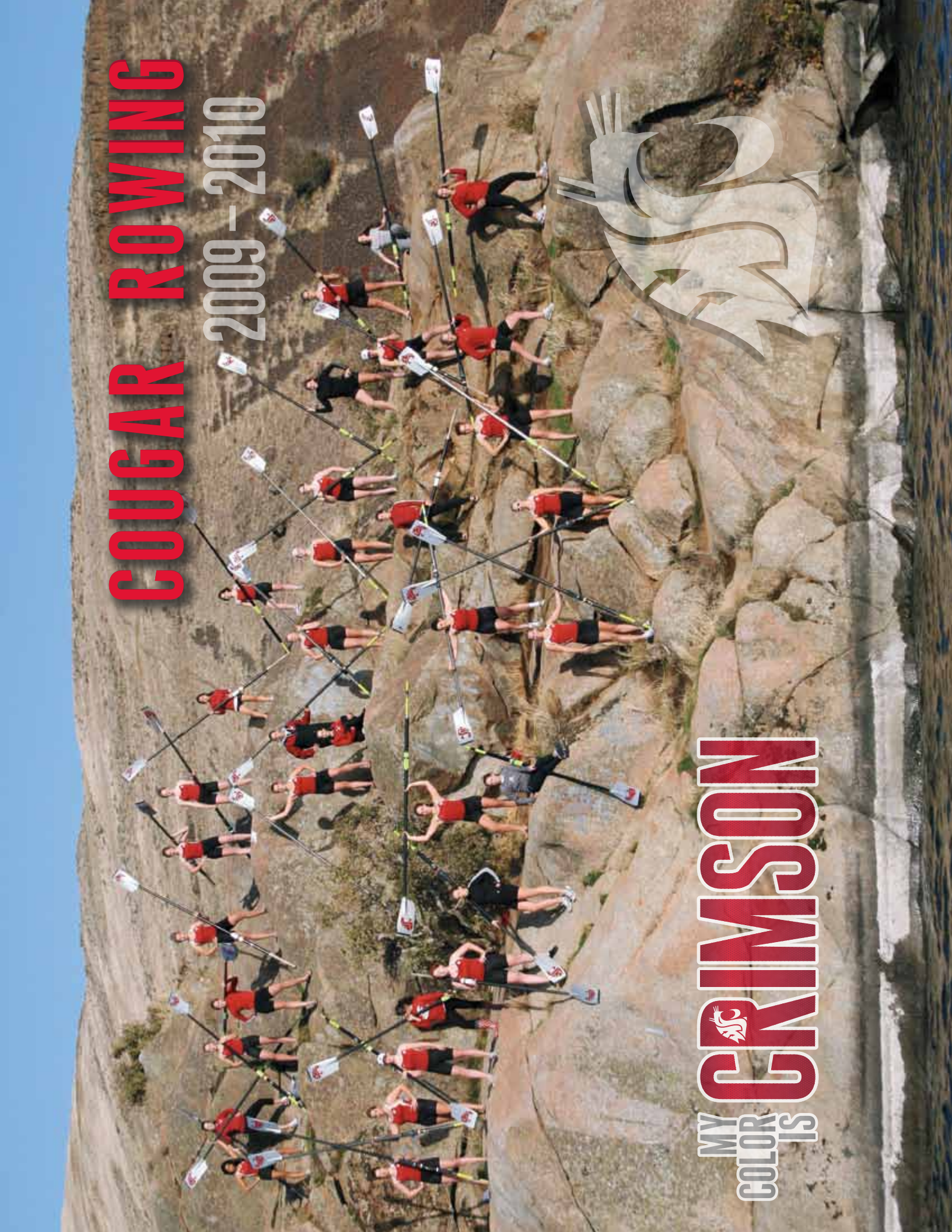


# COUGAR ROWING

2009 - 2010

MY  CRIMSON  
COLOR IS







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## Quick Facts

### UNIVERSITY

**Location:** Pullman, Wash.  
**Enrollment:** 25,135  
**Founded:** 1890  
**Conference:** Pacific-10  
**Colors:** Crimson and Gray  
**Nickname:** Cougars  
**President:** Dr. Elson S. Floyd  
**Athletics Director:** Jim Sterk  
**Sr. Associate Director/SWA:** Anne McCoy  
**Athletic Dept. Phone:** 509.335.0311  
**Home Course:** Wawawai Landing/Snake River

### COACHING INFORMATION

**Head Coach:** Jane LaRiviere, Eighth season  
LaRiviere's E-mail: janela@wsu.edu  
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**Assistant Coach:** Tara Medina, Fourth season  
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office phone: 509-335-0340  
**Novice Coach:** Corrie McGrath, Second season  
McGrath's E-mail: cmcgrath@wsu.edu  
office phone: 509-335-5146  
**Graduate Assistant:** Crystal Culp, Second season  
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**Director:** Bill Stevens  
**Assistant Directors:** Linda Chalich, Craig Lawson, Joe Nickell  
**SID Address:**  
Bohler Athletic Complex 195  
Pullman, WA 99164-1602

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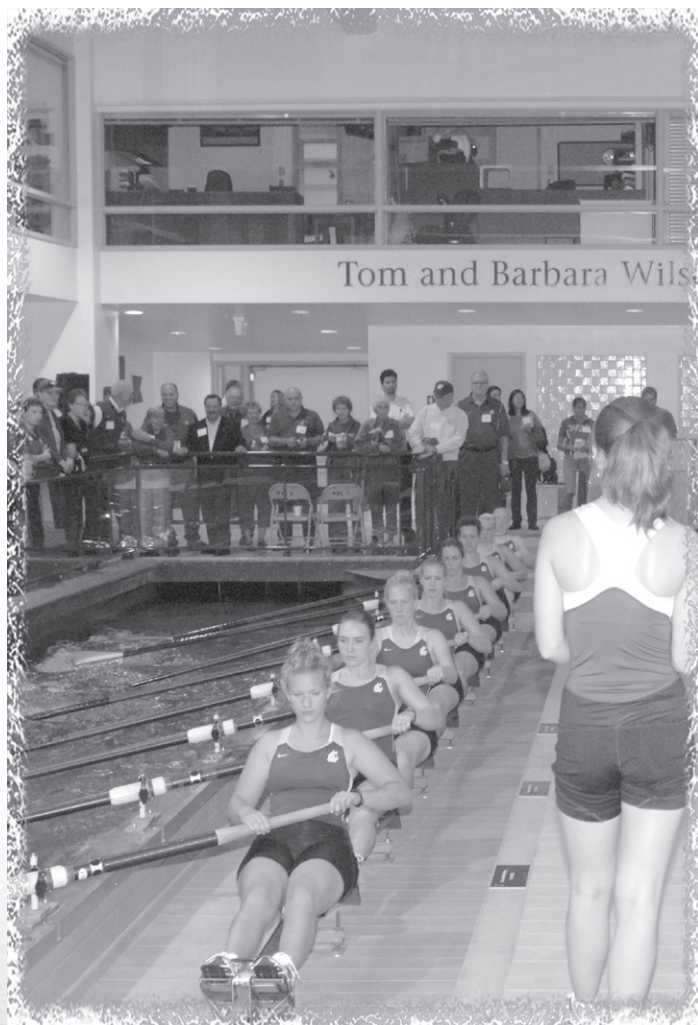
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*Photography: Rod Commons, Jason Krump, Jessica Schmick, Bill Stevens*  
*Special Assistance: WSU Rowing*





Name	Year	Height	Major	Hometown / Last School
Liz Beck	Jr.	5-9	Nutrition	Ridgefield, Wash./Columbia River HS
Kelly Brashers	RS-So.	5-6	Elementary Education	North Bonneville, Wash./Stevenson HS
Corina Chilibeck	Sr.	5-4	Bioengineering	Victoria, British Columbia/Claremont Secondary
Katie Dick	So.	5-10	Undeclared	Victoria, British Columbia/Glenlyon-Norfolk
Liana DeMaris	Fr.	5-10	Undeclared	Snohomish, Wash./Snohomish HS
Annie Eastwood	Jr.	5-8	Environmental Science	Winnipeg, Manitoba/Kelvin HS
Liz England	So.	6-4	Undeclared	Richlands, Va./Clemson University
Kaitlan Foster	Fr.	5-10	Undeclared	Arlington, Wash./Arlington HS
Justine Galbraith	Jr.	5-10	History	Fonthill, Ontario/E.L. Crossley
Johanna Gerig	Sr.	5-3	Movement Studies	Corvallis, Mont./Syracuse
Ann Hoag	So.	5-11	Hospitality	Bellingham, Wash./Bellingham HS
Rachel Johnson	So.	5-2	Undeclared	University Place, Wash./Curtis HS
Lauren Johnson	Jr.	5-11	Anthropology	Tigard, Ore./Tigard HS
Tamara Jonoubek	Jr.	5-7	Comparative Ethnic Studies	Millbrae, Calif./Mills HS
Erika Jorgensen	Sr.	6-0	Biological Sciences	Orland, Calif./Corning Union HS
Heidi Kim	Fr.	4-11	Undeclared	Cottage Grove, Ore./South Eugene HS
Christina Kinck	Jr.	6-0	Environmental Science	Oslo, Norway/Kristelig Gymnasium
Josie Lallemand	Fr.	5-10	Undeclared	Marysville, Wash./Marysville Pilchuck HS
Danya Levesque	Sr.	5-6	Criminal Justice	Auburn, Calif./Loretto HS
Erica Lewis	Sr.	5-10	Movement Studies	London, Ontario/A.B. Lucas Secondary
Kelsey Lounsbury	So.	5-4	Undeclared	Yakima, Wash./East Valley HS
Crystal Martin	RS-Jr.	6-0	Biology	Renton, Wash./Liberty HS
Kyann Martin	Sr.	5-8	Nutrition	Camas, Wash./Camas HS
Rachel McNeil	Jr.	6-0	Movement Studies	Deer Park, Wash./Deer Park HS
Marina Morshead	RS-Jr.	5-3	Nutrition	Suquamish, Wash./North Kitsap HS
Irena Neffeova	Sr.	5-11	Horticulture	Prague, Czech Republic/Gymnazium
Natasha Ostopovich	Jr.	5-8	Movement Studies	Sydenham, Ontario/Kingston Collegiate
Sarah Powell	Jr.	5-9	Movement Studies	North Saanich, British Columbia/Glenlyon-Norfolk
Kasia Rademacher	So.	5-8	Undeclared	Hermiston, Ore./Hermiston HS
Cayla Ravancho	Jr.	5-1	English	Olympia, Wash./River Ridge HS
Allie Reilly	RS-Fr.	5-11	Undeclared	San Diego, Calif./Mt. Carmel HS
Lisa Roman	Jr.	5-11	Psychology	Langley, British Columbia/U of Fraser Valley
Hannah Rothstrom	Sr.	5-10	Pre-Medicine	Spokane, Wash./Lewis & Clark HS
Lexi Ryman	So.	5-5	Sport Management	Snohomish, Wash./Snohomish HS
Corinna Sharick	Jr.	6-0	Psychology/Pre-nursing	Burlington, Wash./Skagit Valley College
Alison Smith	Fr.	5-11	Undeclared	Carmichael, Calif./St. Francis HS
Leah Smith	So.	6-0	Undeclared	Seattle, Wash./Bishop Blanchet HS
Jessica Start	So.	5-11	Undeclared	Saskatoon, Saskatchewan/U of Saskatchewan
Phillippa Summerville	Jr.	5-7	Apparel, Merchandising	Hamilton, New Zealand/Waikato Diocesan
Cortnee Whittington	Fr.	5-8	Biology/Pre-health	Everett, Wash./Everett CC
Sarah Wolff	Jr.	5-10	General Studies	Auckland, New Zealand/Auckland Tech.
Katie Wollstein	Sr.	5-4	Wildlife Ecology	Olympia, Wash./North Thurston HS

## Coaches

Head Coach — Jane LaRiviere, Eighth season

Asst. Coach — Tara Medina, Fourth season

Novice Coach — Corrie McGrath, Second season

Grad. Asst. — Crystal Culp, Second season

Volunteer Coach — Karl Huhta, Second Season



# 2009-10 SEASON OUTLOOK

The 2009-10 season will be a resiliency test for the Washington State University women's rowing team, after last year's team fell short of a bid to the NCAA Championships, where the program has competed five times in the past eight years.

The Cougars were nationally ranked through much of the 2008-09 season, climbing as high as 12th. The spring featured matchups with five ranked teams, including Washington, Michigan State, Michigan, Ohio State and Oregon State. The campaign was highlighted by the varsity eight nearly edging out Washington and Michigan, and the second varsity eight defeating Michigan State, Michigan, Ohio State and Oregon State. The team ultimately finished sixth at the Pacific-10 Conference Championships.

With nine seniors on the varsity squad to lead the way, WSU head coach Jane LaRiviere believes her team has the makeup to bounce back to championship form.

"For the first time in a couple years we are a mature team," LaRiviere said. "We are going to be able to count on a lot of great senior leadership.

"I see a broad base of leadership, with **Erica Lewis** (London, Ontario), **Kyann Martin** (Camas, Wash.), **Hannah Rothstrom** (Spokane, Wash.), **Irena Neffeova** (Prague, Czech Republic) and **Erika Jorgensen** (Orland, Calif.)," LaRiviere said. "We also look for senior leadership from our coxswain **Corina Chilibeck** (Victoria, British Columbia)."

Lewis earned Pac-10 All-Conference honors and CRCA All-West Region First Team accolades in 2009. Also highly decorated, Neffeova became only the second WSU rower to earn First Team CRCA All-America honors (2008). Other seniors include **Johanna Gerig** (Corvallis, Mont.), **Danya Levesque** (Auburn, Calif.), and **Katie Wollstein** (Olympia, Wash.).

Not to be outdone, the junior class features 14 student-athletes who return to add depth and consistency at the varsity level. At the core of the Cougars' solid junior class are **Natasha Ostopovich** (Sydenham,

Ontario), **Sarah Wolff** (Auckland, New Zealand) and **Christina Kinck** (Oslo, Norway). Also in competition for spots on the varsity boats are **Sarah Powell** (North Saanich, British Columbia), **Phillippa Summerville** (Hamilton, New Zealand), **Liz Beck** (Ridgefield, Wash.), **Annie Eastwood** (Winnipeg, Manitoba), **Justine Galbraith** (Fonthill, Ontario), **Lauren Johnson** (Tigard, Ore.), **Tamara Jonoubek** (Millbrae, Calif.), **Cayla Ravancho** (Olympia, Wash.), **Corinna Sharick** (Burlington, Wash.), and redshirt juniors **Crystal Martin** (Renton, Wash.) **Rachel McNeil** (Deer Park, Wash.), and **Marina Morshead** (Suquamish, Wash.).

The sophomore class is highlighted by returners **Katie Dick** (Victoria, British Columbia), **Ann Hoag** (Bellingham, Wash.), and coxswain **Lexi Ryman** (Snohomish, Wash.).

Several transfers are beginning their first year at WSU, providing the team with additional depth. **Jessica Start** (Saskatoon, Saskatchewan), who is transferring from University of Saskatchewan, competed in the 2009 Canada Games earning a bronze medal in the women's eight for Saskatchewan. A transfer from University of the Fraser Valley, junior **Lisa Roman** (Langley, British Columbia) participated with Cougar teammates Sarah Powell and Katie Dick at the 2009 Canada Games, and took home two gold medals for British Columbia.

"We have a couple of transfers who have a chance at making an impact," LaRiviere said. "Lisa Roman is one who is on pace to do some really great things for us."

Rounding out the sophomore class are **Liz England** (Richlands, Va.), **Rachel Johnson** (University Place, Wash.), **Kelsey Lounsbury** (Yakima, Wash.), **Kasia Rademacher** (Hermiston, Ore.), **Leah Smith** (Seattle, Wash.) and redshirt sophomore **Kelly Brashers** (North Bonneville, Wash.).

Excited about this year's freshman class, LaRiviere said it is a good class with tall strong bodies, and is looking to develop. The freshmen include **Liana DeMaris** (Snohomish, Wash.), **Kaitlan Foster** (Arlington, Wash.), **Josie Lallemant** (Marysville, Wash.), **Alison Smith** (Carmichael, Calif.), **Cortnee Whittington** (Everett, Wash.), coxswain **Heidi Kim** (Cottage Grove, Ore.), and redshirt freshman **Allie Reilly** (San Diego, Calif.).

With a total of 24 upperclassmen on the roster, WSU is equipped with the experience and leadership to return to the top of the Pac-10. This year's spring schedule will provide numerous opportunities to prepare for the championship season by competing against Pac-10 foes Washington (third at 2009 Pac-10 Championships) and Oregon State (fourth at 2009 Pac-10 Championships), as well as racing at the Lake Natoma Invite, where an array of Pac-10 teams will participate. In the end, LaRiviere's goal is to compete with the best in the country and return to the NCAA Championships, which WSU will host in 2010 at Gold River, Calif.

"The measuring stick is always the NCAAAs," LaRiviere said. "Most members of the team have tasted it and want to get back there. They know that's the culmination, the peak of why we do what we do. You want to get to where your own Olympics are. That's the crescendo."



## head coach Jane LaRiviere

Eighth Season • Calgary '86

Under the direction of eighth-year head coach Jane LaRiviere, Washington State University has established a heritage as one of the leading women's rowing programs in the nation. The second head coach since Washington State rowing became an NCAA varsity team in 1990; LaRiviere recently led the Cougars' 2008 march to the NCAA Championships, marking the fifth appearance in program history.

In the 2009 season the WSU varsity eight raced tough against UW and Michigan, while the solid second varsity eight defeated Michigan State, Michigan, Ohio State and Oregon State. In addition, 2009 marked the inauguration of the Tom and Barbara Wilson Rowing Center, a venture brought to fruition through the efforts of LaRiviere and former WSU women's rowing coach Tammy Crawford. The facility features a state-of-the-art moving water indoor rowing tank, and will serve as part of LaRiviere's legacy at WSU.

With an eighth-place overall team finish, the 2008 NCAA appearance marked the Cougars' fourth such outing under LaRiviere's direction. Leading out was the varsity eight's ninth place finish, with the second varsity eight and varsity four coming in eighth in their respective races.

Leading up to their reemergence to the NCAA Championships in 2008, LaRiviere led the Cougars to match their second best Pacific-10 Championship finish all-time, placing third overall. Several key races built the Cougars' success in the 2008 campaign, including varsity eight and second varsity eight finishing second and third respectively at the Head of the Oklahoma, wins at the Head of the Lake and against Oregon State, varsity eight placing third at the San Diego Crew Classic, and the fourth consecutive victory over cross-state rival Washington.

The Cougar varsity and second varsity eight recorded victories over UW in 2007, highlighting a season that ended with a seventh place finish at the Pac-10 Championships.

In 2006, LaRiviere's rowing team made history by achieving the highest NCAA finish for any women's athletic program in WSU history. At the 2006 NCAA



Division I Rowing Championship Regatta in West Windsor, N.J., all three WSU varsity boats posted top five finishes, earning the Cougars a fourth-place team standing.

At the 2006 Pac-10 Championships the WSU varsity eight and varsity four finished second in their respective grand finals, placing the team second overall, and marking the best Pac-10 finish in school history. Other top finishes included the varsity eight's 10th-place overall standing at the prestigious Head of the Charles Regatta in Boston and a victory at the Head of the Lake Regatta in Seattle. The Cougars also recorded wins against Stanford, Tennessee, and Clemson along with two spectacular wins against Washington, only the second and third in program history.

LaRiviere received professional recognition from her coaching peers for her outstanding coaching success in 2006. The Collegiate Rowing Coaches Association named her the West Region Coach of the Year and the Pacific-10 Conference voted her the Women's Rowing Coach of the Year.

In the 2004 season (her second at WSU), LaRiviere guided the Cougars to a ninth overall finish at the NCAA Championships. The Cougars' NCAA appearance was highlighted by the second varsity eight's third-place finish. At the Pac-10 Conference Championships, WSU placed third overall underscored by a runner-up effort from the second varsity eight squad.

During LaRiviere's first year with the Cougars (2002-03), third-place finishes by the varsity eight

and varsity four crews led WSU to a tie for third at the Pac-10 Championships. Those results helped secure the program's first team bid to the NCAA Championships in school history. The Cougars' inaugural trip to the national championships resulted in a 12th-place team finish, which featured a top 10 performance by the varsity four crew.

LaRiviere came to the Palouse after spending eight years at Oregon State University where she served as the recruiting coordinator as well as the women's freshman and novice coach. While at OSU, LaRiviere guided the Beavers' novice eight to a 2002 Pac-10 Conference Championship and the varsity four to a second-place finish. In addition, LaRiviere directed the Beavers' novice eight to respective second and third-place finishes at the Pac-10 Championships in 2000 and 2001 and the varsity four to a second-place effort at the 2001 conference championships.

During LaRiviere's tenure at Oregon State, the women's rowing program posted third-place overall finishes at the Pac-10 Championships in 1998, 2001 and 2002. In addition, the Beavers' varsity eight placed 13th and 15th at the NCAA Championships in 1999 and 2000, respectively.

LaRiviere began her coaching career in 1989 while attending graduate school at the University of Oregon. A native of Alberta, Canada, she went on to coach at the University of Western Ontario and for the London (Ontario) Rowing Club. While in Ontario, she assisted with the Canadian Women's National Team development camps. During the summer of 2001, LaRiviere was an apprentice national rowing team coach in Canada.

A U.S. Rowing Level III certified coach, LaRiviere earned a bachelor's degree in physical education from the University of Calgary (1986), a master's degree in athletic therapy from Oregon (1990), and her Ph.D. in biomechanics from Oregon State (2002).

Her daughter Alice Jean LaRiviere was born in August, 2003.

## COACHING STAFF

CORRIE

JANE

TARA

CRYSTAL





## assistant coach Tara Medina

Fourth Season • Michigan '06

Tara Medina enters her fourth season as assistant coach for the Washington State women's rowing program. Medina is responsible for the varsity four, which placed seventh at the 2009 Pacific-10 Conference Championships.

Under Medina's direction the 2008 Cougar varsity four finished fourth at the Pac-10 Championships and second in the petite final at the NCAA Championships, contributing to an eighth-place team finish. Medina also co-coached the novice eight to win the Korholv Perpetual Trophy by finishing first at San Diego Crew Classics.

In 2006-07, Medina guided the varsity four to a sixth-place finish at the Pac-10 Championships, inching into the final over California. The varsity four also earned victories over nonconference opponents UCF and Tennessee during the season.



During the summer of 2009, Medina hosted the second U.S. Rowing U-23 Development Camp at WSU. Athletes trained primarily in pairs and competed at the British Columbia Championships in Canada.

Before coming to the Palouse, Medina coached the University of Michigan varsity four during the 2005-06 season. At the 2006 Big Ten Championships the Wolverines' varsity four finished fourth overall followed by a sixth place finish at the South/Central Region Sprints.

A 2006 Michigan graduate, Medina earned four varsity letters in rowing while pursuing a bachelor's degree in physical education and health. As a coxswain, she was named Second Team All-Big Ten and Second Team All-Central Region in 2004.

Medina was part of a Michigan team that competed at the NCAA Championships all four years. In 2004, she coxed the varsity eight to a third-place finish, helping Michigan secure the third-place team finish. Medina also contributed to the Wolverines' BigTen Championship victories in 2003 and 2004.

## novice coach Corrie McGrath

Second Season • Washington State '03

A former standout rower for Washington State University, Corrie McGrath begins her second season on the Cougar coaching staff as the head novice coach. McGrath returned to the Palouse in 2008 after a year as the head novice coach and assistant varsity coach at Clemson University in Clemson, S.C.

In her first season at WSU, McGrath led the Cougar novice eight to finish third at the San Diego Crew Classic, defeat Ohio State in Columbus and place fourth at the 2009 Pacific-10 Championships.

In 2007, the Tigers' novice eight crew finished first in the ACC Championships under McGrath's direction. On top of her duties as novice coach at Clemson, McGrath was the director of recruiting and oversaw the graduate assistant and volunteer staff.

Prior to her work with the Tigers, McGrath served as the varsity lightweight coach at the University of Central



Florida in 2005-06 and as an assistant coach for UCF, which placed 16th at the NCAA Championships in 2007.

Returning to her former high school rowing club, McGrath started her coaching career with the Everett Rowing Association from 2003-05. She was the masters recruiting coordinator, and coached the lightweight varsity and novices.

McGrath rowed at Washington State from 2000-03 where she earned four letters and served as team captain. A two-time Collegiate Rowing Coaches Association (CRCA) second team All-American, four-time CRCA West Region First Team and two-time Pacific-10 All-Conference honoree, McGrath led the Cougars to NCAA Championship appearances in 2002 and 2003.

Academically, McGrath was twice named to the Pacific-10 Conference All-Academic Team. She earned a degree in psychology, with minors in sociology and sport management from WSU in 2003.

Starting her second season, Crystal Culp joined the Washington State coaching staff as the graduate assistant coach in 2008-09. Culp spent the previous four years coaching in the Great Lake region, and now enters the sixth year of her career.

In 2008, Culp coached the South Niagara Rowing Club's junior B men's team eight and four crews to second-place finishes at Henley. Also last year she coached the E.L. Crossley (Fonthill, Ontario) junior women's rowing lightweight eight and lightweight four boats to victory at the CSSRA Championships.

Prior to her stint in Canada, Culp served as novice women's coach at Pioneer High School (Ann Arbor, Mich.) from 2006-07. Her novice eight crew finished second at the state championships and third in the mid-west region. Culp launched her coaching career at the Ann Arbor Rowing Club as the Adult Rowing Coach from 2005-07.

## graduate assistant coach Crystal Culp

Second Season • Michigan '06

A 2006 graduate of the University of Michigan, Culp earned four letters in rowing and was a two-time All-Big Ten Second Team honoree, as well as a CRCA All-Central Region Second Team All-American. She was a member of four Big Ten Boats of the Week. In Culp's four seasons at Michigan, the Wolverines captured two Big Ten titles and made four NCAA Championship appearances, with a third-place finish in 2004.



Culp graduated from Michigan in 2006, earning a bachelor's degree in elementary education. She is a native of Ontario, Canada.

# SUPPORT STAFF



**Spencer  
Drolette**  
Athletic Media  
Relations



**Karl  
Huta**  
Volunteer  
Coach



**Craig  
Culbertson**  
Maintenance



**Andy  
Dephtereos**  
Academic  
Support  
Services



**Margaret  
Peyou**  
Principal  
Assistant



**Mike  
Reisenauer**  
Maintenance



**Leslie  
Johnson**  
Sport  
Supervisor



**Cori  
Metzgar-Deacon**  
Assistant Director,  
Strength and  
Conditioning



**Barb  
Russell**  
Athletic Trainer



**Nate  
Weber**  
Equipment





# NEW ROWERS



**LIANA DeMARIS**  
Snohomish, Wash.  
Snohomish HS '09  
Freshman

**HIGH SCHOOL:** Rowed for Lake Stevens High School for three years... won bronze in the double at Northwest regional... rowed for Everett Rowing

Association as a senior... varsity eight won gold at Brentwood Regatta and Windermere Cup, and qualified for nationals.

**PERSONAL:** Liana Marie DeMaris... born in June of 1991 in Everett, Wash.... father Paul (1984, 1987) and mother Barb (1987) are WSU graduates... aunt Susan Lindsey (1985) and cousin Shari McKee (2009) are also graduates of WSU... aunt Patricia Harder played basketball at University of Puget Sound... cousin Emma Winckler played softball at Wenatchee Community College... father is a doctor of Veterinary Medicine... mother is a bookkeeper... twin brother Eric... younger siblings Maddy and Will... is undecided on major.



**LIZ ENGLAND**  
Richlands, Va.  
Clemson  
Sophomore

**COLLEGE CAREER:** As a FRESHMAN (2008-09) rowed at Clemson University... participated in U23 Freshman Development Camp.

**PERSONAL:** Elizabeth England... born in February of 1990 in Richlands, Va.... parents David and Patricia work as vintners... father David played basketball at Emory and Henry College... younger brothers John and James... plans to pursue a degree in medical sciences at WSU.



**KAITLAN FOSTER**  
Arlington, Wash.  
Arlington HS '09  
Freshman

**HIGH SCHOOL:** Rowed for Everett Rowing Association for four years... competed in nationals as a sophomore and senior... earned three letters as a member of the

Arlington High School cross country team.

**PERSONAL:** Kaitlan Foster... born in March of 1991 in Edmonds, Wash.... father Rick and mother Andi... father is a certified public accountant... siblings Ryan and Ashley... planning to study zoology at WSU.



**HEIDI KIM**  
Cottage Grove, Ore.  
South Eugene HS '09  
Freshman

**HIGH SCHOOL:** Three year member of Oregon Association of Rowers junior crew... coxed varsity quad as a senior... finished third in women's open

quad at Head of the American... second-place finish at Covered Bridge... coxed varsity quad to finals at Northwest regional.

**PERSONAL:** Heidi Kim... born in October of 1991... father Peter is a store owner... mother Byung Sue is a stay-at-home mom... older sister Gloria... is undecided on major.



**JOSIE LALLEMAND**  
Marysville, Wash.  
Marysville Pilchuck HS '09  
Freshman

**HIGH SCHOOL:** Earned three varsity letters rowing at Marysville Pilchuck High School... varsity eight qualified for nationals junior

and senior seasons... placed first in varsity eight at Brentwood Regatta... played basketball and soccer for MPHS.

**PERSONAL:** Josie Lee Lallemand... born in October of 1990 in Everett, Wash.... father Bruce is an electrician... mother B.J. works as an accountant... older brother Jake.



**LISA ROMAN**  
Langley, B.C.  
Fraser Valley  
Junior

**JUNIOR COLLEGE/CLUB CAREER:** Rowed two years at University of the Fraser Valley... placed eighth in single and ninth in women's heavy weight

pair at Canadian University Championships as a sophomore... won gold for British Columbia in women's pairs and women's four at the 2009 Canada Games... also helped B.C. women's eight that earned silver.

**HIGH SCHOOL:** Figure skated three years with mother Elizabeth Roman as her coach... achieved Gold Freeskate, Gold Dance, and Gold Skills in the Skate Canada system... placed second in Gold Ladies Singles at Provincial Star Skate Championships.

**PERSONAL:** Lisa Corrie Elizabeth Roman... born in September of 1989 in Surrey, B.C.... father Mike is a B.C. Coast Marine pilot... mother Elizabeth is a figure skating coach... older twin brothers Blair and Bryon.



**ALISON SMITH**  
Carmichael, Calif.  
St. Francis HS '09  
Freshman

**HIGH SCHOOL:** Earned a varsity letter in basketball for St. Francis High School as a sophomore... rowed for Capital Crew in the eight and four events for

coach Toby Johnson.

**PERSONAL:** Alison Smith... born in May of 1991 in Sacramento, Calif.... father Dan is a lawyer... mother Marcia works as a consultant... older brother Phil... plans to pursue a degree in movement studies at WSU.



**JESSICA START**  
Saskatoon, Saskatchewan  
Marion M. Graham '07  
Sophomore

**CLUB CAREER:** Competed in 2009 Canada games for Saskatchewan... assisted women's eight to third-place finish.

**HIGH SCHOOL:** Played volleyball and basketball at Marion M. Graham... helped basketball team to Provincial Championships as a senior.

**PERSONAL:** Jessica Start... born in June of 1989 in Saskatoon, Saskatchewan... father Daryl played football and basketball at University of Saskatchewan, now works as a district manager... mother Kelly is a homemaker... older sister Sara and younger brother Mitchell... plans to study global political science at WSU.



**CORTNEE WHITTINGTON**  
Everett, Wash.  
Everett CC '09  
Freshman

**HIGH SCHOOL:** Rowed three years for Lake Stevens High School... placed seventh in double at nationals as a senior... also

played golf and volleyball.

**PERSONAL:** Cortnee Whittington... born in November of 1990 in Artesia, Calif.... father James is an engineering manager for Boeing... mother Joan is a middle school teacher... younger brother Seth and sister Tanis... participated in dance for 13 years... plans to pursue a degree in biology and pre-health at WSU.



**LIZ BECK**  
Ridgefield, Wash.  
Columbia River HS '07  
Junior

WSU CAREER: As a SOPHOMORE (2008-09) helped third varsity eight to third-place finish at the Head of the Lake...competed with the novice team as a

FRESHMAN (2007-08).

HIGH SCHOOL: Participated in track for one year, and swimming and crew for four years at Columbia River High School...swam at district meet four times.

PERSONAL: Elizabeth Beck...born in December of 1988 in Seattle, Wash....mother Mary Ann is a stay-at-home mom...older brother Paul and older sister Sarah...hobbies include piano, camping, and art...plans to major in food science and human nutrition at WSU.



**KELLY BRASHERS**  
North Bonneville, Wash.  
Stevenson HS '07  
RS-Sophomore

WSU CAREER: As a SOPHOMORE (2008-09) competed on the novice team.

HIGH SCHOOL:

Participated in track and field three years, competing in distance events and pole vaulting at Stevenson High School...swam and lettered four years...competed in State swim meet twice, earning seventh place finish as a senior...garnered three letters on the gymnastics team.

PERSONAL: Kelly Eileen Brashers...born in March of 1989 in The Dalles, Ore....father James is a road department operator...mother Katherine played volleyball at WSU (1978) and is now a P.E. teacher...older brother Travis graduated from Washington State in 2003...brother Preston ran cross-country and track at the University of Washington...younger sister Brooke...member of Columbia Gorge running club...pursuing major in elementary education at WSU.



**CORINA CHILIBECK**  
Victoria, B.C.  
Claremont Secondary '06  
Senior

WSU CAREER: Coxswain for the varsity eight as a JUNIOR (2008-09)...led first-place finish in the open four and second-

place finishes in the collegiate four and collegiate eight NightSprint at the Head of the Oklahoma...coxed varsity eight to finish second at the Head of the Lake...helped varsity eight to sixth-place finish at both the San Diego Crew Classic and the Pacific-10 Championships...as a SOPHOMORE

# RETURNING ROWERS

(2007-08) coxed the four that finished first at the Head of the Oklahoma...was the coxswain for the second varsity eight that finished first at the Head of the Spokane and Head of the Lake...led second varsity eight to victories over Stanford and Saint Mary's at the Stanford Invitational...piloted the second varsity eight to an eighth-place finish at the NCAA Championships, helping the team finish eighth overall...as a FRESHMAN (2006-07) coxed the varsity eight against Gonzaga and at the San Diego Crew Classic...guided second varsity eight to a win over Central Florida at the Windermere Classic.

HIGH SCHOOL: Coxed the Victoria City Rowing Club's junior A varsity to wins at the Windermere Cup Opening Day Regatta and the Brentwood Regatta...women's varsity eight placed third at the San Diego Crew Classic.

PERSONAL: Corina Chilibeck...born in September of 1988...parents Richard and Margaret...older brother Colin...older sister Megan...younger sister Bonnie rows at Oregon State...enjoys backpacking, skiing, and scuba diving...majoring in bioengineering at WSU.



**KATIE DICK**  
Victoria, B. C.  
Glenlyon-Norfolk '08  
Sophomore

WSU CAREER: Rowed in the novice eight and varsity four boats as a FRESHMAN (2008-09)...part of novice eight that placed third at the San

Diego Crew Classic...helped varsity four win the petite final at the Pacific-10 Championships...in the summer of 2009 won gold in women's four and silver in women's eight for British Columbia at Canada Games.

HIGH SCHOOL: Rowed three years for Glenlyon-Norfolk School, transferred and rowed for Shawnigan Lake School as a senior...won British Columbia title in women's pair and rowed to a second place finish at the Royal Canadian Henley with current WSU teammate Sarah Powell...won Head of Shawnigan, Elk Lake and Hungerford Cup Regattas...won a pair of silver medals at the Brentwood regatta...senior year won silver for top female sculler...placed third at Monster Erg...invited to junior national team camp.

PERSONAL: Kaitlyn Dick...born in November of 1990 in Victoria, B. C....father James is a mechanic and mother Rose is a nurse...one younger brother, Michael...academic and civil leader in high school...enjoys cycling, running, Pilates, and reading...interested in majoring in pre-veterinary medicine at WSU.



**ANNIE EASTWOOD**  
Winnipeg, Manitoba  
Kelvin HS '07  
Junior

WSU CAREER: As a SOPHOMORE (2008-09) contributed to third-place finish in the open pair and fifth-place finish in the collegiate eight

NightSprint final at the Head of the Oklahoma...part of third varsity eight that placed third at the Head of the Lake...rowed with varsity four that won the petite final at the Pacific-10 Championships...as a FRESHMAN (2007-08) rowed with the third varsity eight...competed in the novice eight that won at the San Diego Crew Classic...traveled as an alternate to NCAA Championships.

HIGH SCHOOL: Member of the Winnipeg Rowing Club for three years...helped senior B four and junior double to second-place finishes at the 2006 Royal Canadian Henley...part of junior four that finished first at the 2006 Northwest International Rowing Association Regatta...also placed second in junior single and third in junior double at that event...second-place finisher at Canada's 2006 National Rowing Championships in the junior double...four-year member of the Kelvin High School girl's hockey team...won division championships in 2005-06 and 2003-04...member of high school rugby team freshman and sophomore year...team won Provincial Championship during sophomore season.

PERSONAL: Rosemary Ann Eastwood...born in March of 1989 in Winnipeg, Manitoba...father Robert and mother Florence...enjoys art, tennis, canoeing and camping.



**JUSTINE GALBRAITH**  
Fonthill, Ontario  
E.L. Crossley '07  
Junior

WSU CAREER: As a SOPHOMORE (2008-09) contributed to second-place finishes in the collegiate four and collegiate eight NightSprint

final at the Head of the Oklahoma...helped second varsity eight place second at the Head of the Lake...part of varsity eight that placed sixth at Pacific-10 Championships...as a FRESHMAN (2007-08) was a member of the second varsity eight...helped to a first-place finish at the Head of the Lake...competed with the second varsity eight that defeated Stanford, Central Florida and Saint Mary's at the Stanford Invitational...helped the second varsity eight to finish eighth at the NCAA Championships.

HIGH SCHOOL: Member of the Canadian team in the CanAmMex developmental program...placed first in the four and eight at 2006 CanAmMex...recorded a 10th place finish at the Head of the Charles in the double...was "Top 10 Overall" at



# RETURNING ROWERS

the erg championship...won Peabody Cup in 2007 with the English Henley women's eight...CSSRA's women's junior A eight champion in 2007... Canadian Henley women's eight champion in 2007.

**PERSONAL:** Justine Nicole Redgers Galbraith... born in April of 1990...mother Denise is a director of human resources...older brother Jason...enjoys rowing, movies, bowling and dancing...majoring in history at WSU.



**JOHANNA GERIG**  
Corvallis, Mont.  
Syracuse  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) helped third varsity eight to a third-place finish at the Head of the Lake...competed in the fourth varsity eight as a SOPHOMORE (2007-08)...rowed for Syracuse University as a FRESHMAN (2006-07) prior to transferring to WSU.

**HIGH SCHOOL:** Earned one varsity letter in track under coach Brock Hamill...won the division championship in pole vault as a senior.

**PERSONAL:** Johanna L. Gerig...born in March of 1988...father David is a house painter...mother Cindy is an insurance saleswoman...younger brother Jaiden and younger sister Jessica...enjoys music and reading...majoring in movement studies at WSU.



**ANN HOAG**  
Bellingham, Wash.  
Bellingham HS '08  
Sophomore

**WSU CAREER:** Competed with the novice squad as a FRESHMAN (2008-09)...traveled to Pacific-10 Championships.

**HIGH SCHOOL:** Three year varsity goalkeeper for Bellingham High School...helped soccer team to two Northwest Conference championships...earned all-conference second Team honors as a senior...member of the Whatcom Football Club Rangers...part of Skagit Storm FC coached by Geoff Martin.

**PERSONAL:** Ann Lauren Hoag...born in March of 1990 in Bellingham, Wash....father Calyx and mother Barbara...younger brother Sage and sister April...participated in ASB, 4-H, and orchestra in high school...plans to pursue a degree in hospitality business management at WSU.



**RACHEL JOHNSON**  
University Place, Wash.  
Curtis HS '09  
Sophomore

**WSU CAREER:** Part of novice team that placed fourth at the Pacific-10 Conference Championships as a FRESHMAN (2008-09).

**HIGH SCHOOL:** Earned two varsity letters as a diver on the swim team, and one letter playing water polo at Curtis High School...helped swim team to four consecutive South Puget Sound League Championships.

**PERSONAL:** Rachel Ann Johnson...born in December of 1989 in Tacoma, Wash....father Marcus is an electrician...mother Gayle is a jeweler...older brother Justin...managed wrestling and men's water polo teams in high school...planing to pursue a degree in nursing at WSU.



**LAUREN JOHNSON**  
Tigard, Ore.  
Tigard HS '07  
Junior

**WSU CAREER:** As a SOPHOMORE (2008-09) contributed to fifth-place finish in the collegiate eight NightSprint final at the Head of the

Oklahoma...rowed with second varsity eight that won petite final at San Diego Crew Classic...part of second varsity eight that finished sixth at Pacific-10 Championships...as a FRESHMAN (2007-08) competed in the second varsity eight...member of the boat that finished fourth at the Head of the Oklahoma and first at the Head of the Spokane and Head of the Lake...contributed to a victory over Stanford at the Stanford Invitational...helped the second varsity eight finish eighth at the NCAA Championships.

**HIGH SCHOOL:** Member of the Rose City Rowing Club all four years of high school...crew placed third in 2005 and sixth in 2006 at the Head of the Charles...competed in junior four that finished fourth at the Youth Invitational Nationals as a sophomore...also placed fourth at club nationals in the junior pair as a sophomore...nominee for national honor roll.

**PERSONAL:** Lauren Elizabeth Johnson...born in October of 1988 in Denver, Colo....mother Jeannine and father Erik...older sister Kristen.



**TAMARA JONUBEH**  
Millbrae, Calif.  
Mills HS '07  
Junior

**WSU CAREER:** Member of the third varsity eight as a FRESHMAN (2007-08)...part of novice eight that won at the San Diego Crew Classic...traveled as an

alternate to NCAA Championships.

**HIGH SCHOOL:** Participated in water polo and softball at Mills High School...earned four varsity letters in water polo and two in softball...received all-league honorable mention for water polo sophomore year...named second team all-league in water polo as a junior and first team all-league as a senior...rowed as a novice for NorCal Crew that won the Southwest Junior Championships.

**PERSONAL:** Tamara Brigid Jonoubeh...born in March of 1989 in Daly City, Calif....parents Edmond and Carla...younger brother Lukas...younger sisters Audrey and Tessa...majoring in comparative ethnic studies at WSU.



**ERIKA JORGENSEN**  
Orland, Calif.  
Corning Union HS '06  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) placed second in the open four and placed third in the collegiate four at the Head of the Oklahoma...helped second varsity

eight finish second at the Head of the Lake...assisted second varsity eight in winning petite final at the San Diego Crew Classic...part of second varsity eight that placed sixth at the Pacific-10 Championships...as a SOPHOMORE (2007-08) competed in the second varsity eight...helped boat to a fourth-place finish at the Head of the Oklahoma and first-place finishes at the Head of the Spokane and Head of the Lake...defeated Stanford and Saint Mary's at the Stanford Invitational...part of second varsity eight's eighth-place finish at the NCAA Championship...as a FRESHMAN (2006-07) rowed on the novice squad.

**HIGH SCHOOL:** Participated in volleyball, basketball, softball and track for Corning Union High School...earned a total of 10 varsity letters...voted Hamilton High School Volleyball Tournament MVP for three consecutive years...sophomore year received CUHS Volleyball Gatorade Rookie of the Year honors...junior year voted CUHS Volleyball Gatorade Player of the Year...senior year made Northern Athletic League Volleyball All-Academic and All-League teams.

**PERSONAL:** Erika Elin Jorgensen...born in January of 1988 in Chico, Calif....father Frederick is a SMS Evaluator and mother Toni is a business assistant...older sister Jessica played volleyball for the College of the Siskiyous...older sister Megan...cousins Karin and Amy Brevick rowed for WSU through the 2008-09 season...enjoys sports, hunting, quilting and traveling...studying biological sciences at WSU.



**CHRISTINA KINCK**  
Oslo, Norway  
Kristelig Gymnasium  
'07  
Junior

**WSU CAREER:** As a SOPHOMORE (2008-09) rowed in boats that finished third in the collegiate four, second

in the open four, and fifth in the collegiate eight NightSprint final at the Head of the Oklahoma... helped varsity eight to second-place finish at the Head of the Lake...assisted second varsity eight to sixth-place finish at Pacific-10 Championships... as a FRESHMAN (2007-08) was a member of the second varsity eight that defeated Stanford, Central Florida and Saint Mary's at the Stanford Invitational...helped second varsity eight to eighth-place finish at the NCAA Championships.

**HIGH SCHOOL:** Participated in rowing under Coach Sigurd Gullerud...contributed to the second-winningest season for the Christiania Row Club...at nationals in her junior year placed second in pair, single, and quad...member of the first place eight at nationals.

**PERSONAL:** Inger Christina Kinck...born in June of 1988 in Oslo, Norway...parents Johan and Lena... brothers Magnus and Gustav...younger sister Brigitte...majoring in environmental science at WSU.



**DANYA LEVESQUE**  
Auburn, Calif.  
Loretto HS '06  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) contributed to third-place finish in the collegiate four and a fifth-place finish in the collegiate eight

NightSprint final at the Head of the Oklahoma... helped second varsity eight to second-place finish at the Head of the Lake...part of varsity four that won the petite final at the Pacific-10 Championships...rowed in the second varsity eight as a SOPHOMORE (2007-08)...member of the boat that outstroked Gonzaga at the Head of the Spokane...as a FRESHMAN (2006-07) competed in the novice eight crew against Gonzaga in the San Diego Crew Classic, and at the Windermere Classic.

**HIGH SCHOOL:** Earned two letters in softball and one in rowing at Loretto High School... also participated in basketball...as a junior rowed in novice four that won Southwest Junior Championships...rowed in varsity eight and varsity four entire senior year.

**PERSONAL:** Danya Hyatt Levesque...born in March of 1988 in Auburn, Calif....parents Allen and Cindy...younger brother Taylor...majoring in criminal justice.

# RETURNING ROWERS



**ERICA LEWIS**  
London, Ontario  
A.B. Lucas Secondary  
School '06  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) helped boats finish second in the open pair, first in the open four, and

second in the collegiate eight NightSprint final at the Head of the Oklahoma...sat bow seat to help the varsity eight finish second at the Head of the Lake...assisted varsity eight to sixth-place finishes at the San Diego Crew Classic and Pacific-10 Championships...named to Pac-10 All-Conference team...garnered CRCA Division I All-West Region First Team honors... as a SOPHOMORE (2007-08) competed in the varsity eight that finished first at the Head of the Oklahoma as well as at the Head of the Spokane, Head of the Snake and Head of the Lake...helped varsity eight to third straight victory in the dual regatta against Washington and to an undefeated weekend at the Stanford Invitational...assisted varsity eight to a third-place finish at the Pac-10 Championships...helped the varsity eight race to a ninth-place finish at the NCAA Championships, and a team eighth-place finish overall...as a FRESHMAN (2006-07) competed in the second varsity eight at the San Diego Crew Classic...at the Windermere Invitational helped second varsity eight defeat Central Florida.

**HIGH SCHOOL:** Participated in hockey and rowing at A.B. Lucas Secondary School...was a member of the Olympic Junior Development rowing team...top finishes in rowing include ninth-place at the Canadian Indoor Rowing Championships, second at London (Ontario) Indoor Regatta, and sixth at Ontario Indoor Rowing Championships.

**PERSONAL:** Erica Lewis...born in October of 1988 in London, Ontario...father Ron is an auditor and mother Cathy works in financial services... majoring in movement studies at WSU.



**KELSEY LOUNSBURY**  
Yakima, Wash.  
East Valley HS '07  
Sophomore

**WSU CAREER:** Rowed with the novice squad as a FRESHMAN (2008-09).

**HIGH SCHOOL:** Earned four varsity letters in soccer and track and

field...played forward/midfield on soccer team that competed at state championship three years, losing the championship game 4-3 as a junior...

threw discus at State Championships as junior... member of United States Bobsled and Skeleton Federation, coached by Steve Peters...placed fifth in western regionals.

**PERSONAL:** Kelsey Lounsbury...born in October of 1988 in Yakima, Wash....father Richard is a batch plant supervisor...mother Martha is a travel agent and restaurant owner...planning to study movement studies at WSU.



**CRYSTAL MARTIN**  
Renton, Wash.  
Liberty HS '06  
RS-Junior

**WSU CAREER:** Used her redshirt season as a JUNIOR (2008-09)...as a SOPHOMORE (2007-08) rowed with the second and third varsity eight

against in the fall...in the spring raced with the first and second varsity four...as a FRESHMAN (2006-07) was a member of the novice team.

**HIGH SCHOOL:** Participated in volleyball, basketball and softball at Liberty HS...earned a total of five varsity letters...played first base for softball team that went to the state tournament her sophomore and junior years...served as basketball team captain her senior year under coach Shiree Harsh...played club volleyball from 2004-06...served as team captain for High Velocity club team in 2006.

**PERSONAL:** Crystal Lee Martin...born in February of 1988...father John is a manager...mother Lauri is an expeditor...older brother Troy played baseball for Central Washington and plays professional baseball for the Tampa Bay Devil Rays...majoring in biology at WSU.



**KYANN MARTIN**  
Camas, Wash.  
Camas HS '06  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) helped boats finish second in the open pair, first in the open four and second in the collegiate eight

NightSprint final at the Head of the Oklahoma... helped varsity eight finish second at the Head of the Lake...part of varsity eight that finished sixth at the San Diego Crew Classic and Pacific-10 Championships...as a SOPHOMORE (2007-08) competed in the varsity eight...helped varsity eight to first-place finishes at the Head of the Oklahoma, Head of the Spokane, Head of the Snake and Head of the Lake...contributed to wins over Pac-10 Conference rivals Washington and Stanford...assisted varsity eight to a third-place finish at the Pac-10 Conference Championships... helped varsity eight finish ninth at the NCAA Championships, with an eighth-place team finish...member of the novice squad as a FRESHMAN (2006-07).



# RETURNING ROWERS

**HIGH SCHOOL:** Participated in cross country and track and field for the Papermakers...earned a total of six varsity letters...as a varsity distance runner, earned a spot on Camas High School's top 10 list for 3200m times in her freshman year...as a sophomore was an alternate for a cross country team that placed 16th at state...self-trained and placed first in the under 19 age group for a local 10-mile race...as a junior served as the cross country co-captain...received first team all-league honors...finished fifth at district and 42nd at State, helping team to 13th overall finish...finished her junior season with personal records in the 3200m (12:01) and 1600m (5:41)...both times placed in the top five times in school history...served as the cross country co-captain as a senior and went undefeated in league competition...placed second at district meet...represented Papermakers as an individual qualifier at state meet...received first team all-league and all-region honors...voted most valuable and most inspirational...served as track and field co-captain although injured for most of the season...placed fourth in league in the 3200m and was the recipient of the Coach's Award.

**PERSONAL:** Kyann Lee Martin...born in March of 1988 in Portland, Ore....father Richard is a mechanical engineer...stepmother Lynn is a teacher...one older brother Marcus...older sister Nikki and younger sisters Larken and Kenya...stepmother Lynn Springs-Martin graduated from WSU...sister Nikki Martin graduated from WSU in 2009...graduated from high school as a co-vice-chancellor with a 4.0 grade point average...enjoys running and playing the flute...majoring in food science and human nutrition at WSU.



**RACHEL MCNEIL**  
Deer Park, Wash.  
Deer Park HS '06  
RS-Junior

**WSU CAREER:** As a JUNIOR (2008-09) used her redshirt season...competed against Gonzaga in the fourth varsity eight as a SOPHOMORE (2007-08)...

member of the novice squad as a FRESHMAN (2006-07).

**HIGH SCHOOL:** Participated in basketball, volleyball, golf and track at Deer Park High School...earned a total of 10 varsity letters...served as a captain for one year in golf and two years in basketball...received Rotary Student of the Month honors.

**PERSONAL:** Rachel Mae McNeil...born in November of 1987...father Michael is a commercial fisherman...mother Louise is a school bus driver...younger brother Kevin...aunt Debbie McNeil graduated from WSU in 1974...uncle Jack McGraff graduated from WSU in 1972...enjoys camping, fishing, swimming, and hiking...pursuing a degree in movement studies at WSU.



**MARINA MORSHEAD**  
Suquamish, Wash.  
Olympic College '08  
RS-Junior

**WSU CAREER:** As a JUNIOR (2008-09) used her redshirt season.

**HIGH SCHOOL:** Earned two varsity letters as a member of the North

Kitsap High School swim team.

**PERSONAL:** Marina Morshead...born in March of 1988 in Seattle, Wash....father Robert is a chef...mother Linda Larson works as a server...younger sister Romana...plans to earn a bachelor's degree in nutrition at WSU.



**IRENA NEFFEOVA**  
Prague, Czech Republic  
Gymnázium Grammar  
School '04  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) rowed with the varsity eight boat...stroked both the women's open four and women's

collegiate eight boats to first and second-place finishes respectively at the Head of the Oklahoma...contributed to second-place finish at the Head of the Lake...member of varsity eight that placed sixth at the San Diego Crew Classic and Pacific-10 Championships...stepped onto the scene with the varsity eight as a SOPHOMORE (2007-08)...competed in the varsity eight and four that finished first at the Head of the Oklahoma...helped varsity eight finish first at the Head of the Spokane, Head of the Snake and Head of the Lake...helped varsity eight with victories over Washington and Stanford...assisted varsity eight in third-place finish at the Pac-10 Championships, and a ninth-place finish at the NCAA Championships...received CRCA first team All-American honors.

**PRIOR TO WSU:** Rowed to fourth, third, and first-place finishes in the Junior World Rowing Championships under coach Rudolf Kopriva...first and fourth place finishes in U23 World Championship...competed at Rowing World Cup 2004-07.

**PERSONAL:** Irena Neffeova...born in February of 1985 in Prague, Czech Republic...father Karel Neffe is a private salesman and coach...mother Irena Neffeova is a dentist...twin brother Karel is a professional rower...majoring in horticulture at WSU.



**NATASHA OSTOPOVICH**  
Sydenham, Ontario  
Kingston Collegiate  
Vocational Institute '07  
Junior

**WSU CAREER:** As a SOPHOMORE (2008-09) contributed to second-place finishes in the collegiate four and

collegiate eight NightSprint final at the Head of the Oklahoma...part of varsity eight that finished second at the Head of the Lake...rowed with varsity eight that placed sixth at the San Diego Crew Classic...helped second varsity eight to finish sixth at the Pacific-10 Championships...as a FRESHMAN (2007-08) was a member of the second varsity eight...helped boat to a first-place finish at the Head of the Lake...rowed in the second varsity eight that defeated Stanford, Central Florida and Saint Mary's at the Stanford Invitational...helped the second varsity eight to an eighth-place finish at the NCAA Championships.

**HIGH SCHOOL:** Competed in volleyball and field hockey at Sydenham High School...helped volleyball team to KASSAA and EOSSAA championships freshman and sophomore seasons...part of field hockey team that competed as KSSAA finalists first three years of high school...rowed for KCVI for the remainder of high school...voted Senior Women's MVP junior and senior year...placed 12th at the Ontario Ergs...recorded sixth-place finish at the US Nationals School Boys 2006...has earned a total of 13 national medals in sprint canoe/kayak competitions...bronze medalist in the C1 and C2 in the 2004 Russian Indian Biathlon...gold medalist in women's C2 at 2004 Russian Canoe/Kayak Nationals...earned silver and bronze medals at 2005 Canada Summer Games.

**PERSONAL:** Natasha Don Ostopovich...born in January of 1989 in Kingston, Ontario...parents Marvin and Nancy...interested in studying physical education at WSU.



**SARAH POWELL**  
North Saanich, B. C.  
Glenlyon-Norfolk '07  
Junior

**WSU CAREER:** As a SOPHOMORE (2008-09) practiced with varsity eight...competed in Canada games in the summer, helping

British Columbia to place second in women's eight...as a FRESHMAN (2007-08) competed in the varsity eight...helped varsity eight row to first-place finishes at the Head of the Oklahoma, Head of the Spokane, Head of the Snake, and Head of the Lake...contributed to victories over cross-state rival Washington and a three-for-three weekend at the Stanford Invitational...assisted varsity eight to a third-place finish at the Pacific-10 Championship and a ninth-place finish at the NCAA Championships, where the team earned an eighth-place overall finish.

**HIGH SCHOOL:** Participated in rowing, field hockey, basketball, soccer and swimming for Glenlyon-Norfolk School...voted oarsman of the year as a junior and senior...captain of the rowing team as a senior...in 2006, rowed in pair that placed first in both the Royal Canadian Henley and Junior National Speed Orders competitions...in 2007 rowed solo to a Royal Canadian Henley first-place finish and second-place finish at the Junior National Speed Orders...pairs team was the British Columbia champions in 2006...took the British Columbia title as a singles rower in 2007...rowed to first-place finishes in the single, four, and eight categories at the Western Canada Summer Games.

**PERSONAL:** Sarah A. Powell...born in May of 1989...parents David and Mary...enjoys boating, snow skiing, fishing and scuba diving...interested in studying movement studies at WSU.



**KASIA RADEMACHER**  
Hermiston, Ore.  
Hermiston HS '08  
Sophomore

**WSU CAREER:** Rowed with the novice squad as a FRESHMAN (2008-09).

**HIGH SCHOOL:** Earned four letters playing soccer as a defender at

Hermiston High School...participated in track and field four years, running the 300m hurdles and 4x400m relay.

**PERSONAL:** Katherine Rademacher...born in December of 1989 in Hermiston, Ore.... father Dave is a veterinarian...mother Anna is an exporter...older brother Ryan and younger brother Mark.



**CAYLA RAVANCHO**  
Olympia, Wash.  
River Ridge HS '07  
Junior

**WSU CAREER:** As a SOPHOMORE (2008-09) led an eighth-place finish in the open four at the Head of the Oklahoma... coxed varsity four to win

the petite final at the Pacific-10 Championships... as a FRESHMAN (2007-08) coxed novice eight to first-place finish at the San Diego Crew Classic... coxed novice eight to third-place finish at the Pac-10 Championship.

**PERSONAL:** Cayla Lauren Ravancho...born in October of 1988 in Olympia, Wash....father Lorenzo and mother Zenaida are self-employed... brother Chad...enjoys singing and dancing... majoring in English at WSU.

# RETURNING ROWERS



**ALLIE REILLY**  
San Diego, Calif.  
Mt. Carmel HS '08  
RS-Freshman

**WSU CAREER:** As a FRESHMAN (2008-09) used her redshirt season.

**HIGH SCHOOL:** Participated in Pacific Swim for coaches Dan

Peck and Di Molenaar...placed third at 2005 Junior Olympics...swam breaststroke and lettered four years for Mt. Carmel High School...helped team to Palomar League Championship as a senior.

**PERSONAL:** Alexandra Marie Reilly...born in March of 1990 in Winchester, Va....father David is the General Manager of Ferguson Enterprises... mother Jill is owner/creator at Cute Cakes bakery...younger brother Connor and sister Georgia...won first place at the Del Mar Art Fair and the San Diego Art Contest...plans to study biology and fine arts at WSU.



**HANNAH ROTHSTROM**  
Spokane, Wash.  
Lewis and Clark HS '06  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) competed with second varsity eight that won the petite final at the San Diego Crew Classic...helped varsity

eight place sixth at the Pacific-10 Championships... as a SOPHOMORE (2007-08) competed in both the varsity four and varsity eight that finished first at the Head of the Oklahoma...also competed in the Head of the Spokane, Head of the Snake and Head of the Lake...contributed to victories against Pac-10 Conference opponents Washington and Stanford... helped varsity eight finish third at the Pac-10 Championships and in the petite final at the NCAA Championships, where the team finished eighth overall...as a FRESHMAN (2006-07) member of the novice team...also competed in the second varsity eight during the latter half of the spring season including the Pac-10 Championships.

**HIGH SCHOOL:** Participated in basketball, volleyball, soccer, and track...earned a total of seven varsity letters throughout high school career at Lewis and Clark High School...as a sophomore was a member of a basketball team that clinched the Greater Spokane League championship...also was a starter on the volleyball team that went to the regional tournament...as a junior, helped basketball team to a third-place state finish...was a co-captain for the

2006 Washington State 4A championship basketball team as a senior.

**PERSONAL:** Johanna Marie Rothstrom...born in August of 1987 in Walla Walla, Wash...father John is a registered nurse and mother Shelby is a first grade teacher...younger brother Jordan...granddaughter of Marvin Scott, who played baseball and basketball for Washington State...Scott went on to play professional baseball for the AAA Tacoma Tigers... father John, uncle Ray Rothstrom and aunt Jenny McDonald also participated in collegiate athletics... enjoys water-skiing, traveling, and learning to speak Spanish...majoring in pre-medicine at WSU.



**LEXI RYMAN**  
Snohomish, Wash.  
Snohomish HS  
Sophomore

**WSU CAREER:** As a FRESHMAN (2008-09) led a third-place finish in the collegiate four and a fourth-place finish in the open four at the Head of

the Oklahoma...helped second varsity eight finish second at the Head of the Lake...coxed second varsity to win the petite final at the San Diego Crew Classic...directed second varsity to place sixth at the Pacific-10 Championships.

**HIGH SCHOOL:** Member of Everett Rowing Association for four years...as a sophomore coxed the women's varsity four and eight to a first-place finish at the Head of the Lake...coxed the women's light weight eight to finish 10th at nationals her junior year...led women's open varsity four to win its regional championship race as a senior.

**PERSONAL:** Alexandria Ryman...born in October of 1990 in Laguna Hills, Calif....father Jeff works for SKF and mother Winn is a sales advertiser...younger brother Rex and sister Maxi...grandfather Rexford played football for Oregon State...has spent nine years dog showing in 4H...interested in studying sport management at WSU.



**CORINNA SHARICK**  
Burlington, Wash.  
Skagit Valley College '08  
Junior

**WSU CAREER:** Member of the novice team as a SOPHOMORE (2008-09).

**COMMUNITY COLLEGE CAREER:** As a FRESHMAN

(2007-08) played center for the Skagit Valley College basketball team...served as captain and earned all-league honors.

**HIGH SCHOOL:** Four-year basketball letterwinner at Burlington-Edison High School...earned first team Northwest All-League honors four times in basketball, and all-state recognition as a senior... lettered in track and field twice as a thrower.

**PERSONAL:** Corinna Ruthann Sharick...born in November of 1987 in Mount Vernon, Wash....



# RETURNING ROWERS

parents William and Adrienne...older sister Vanessa and brother Will...pursuing a bachelor's degree in psychology and pre-nursing at WSU.



**LEAH SMITH**  
Seattle, Wash.  
Bishop Blanchet HS '08  
Sophomore

**WSU CAREER:** Rowed with the novice team as a FRESHMAN (2008-09).

**HIGH SCHOOL CAREER:** Lettered three years as a middle blocker for Bishop

Blanchet High School volleyball...member of Washington State 3A Championship team as a junior...garnered Metro League Second Team All-Area honors as a senior...also lettered in track and field three years and basketball one year.

**PERSONAL:** Leah Katherine Smith...born in June of 1990 in Springfield, Ill...parents Kevin and Diane...father Kevin is an orthopedic surgeon...younger sister Abby...plans to study political science and German at WSU.



**PIP SUMMERVILLE**  
Hamilton, New Zealand  
Waikato Diocesan '06  
Junior

**WSU CAREER:** As a SOPHOMORE (2008-09) contributed to second-place finishes in the collegiate four and collegiate eight NightSprint

final at the Head of the Oklahoma...helped second varsity eight finish second at the Head of the Lake...helped second varsity eight win the petite final at the San Diego Crew Classic...assisted second varsity eight in sixth-place finish at the Pacific-10 Championships...as a FRESHMAN (2007-08) was a member of the second varsity eight that took fourth place at the Head of the Oklahoma...helped boat to first-place finishes at the Head of the Spokane and Head of the Lake...served as the stroke for the second varsity eight that went undefeated at the Stanford Invitational...assisted second varsity eight to an eighth-place finish in the NCAA Championships.

**HIGH SCHOOL:** Participated in rowing, field hockey, rugby, squash and volleyball for Waikato Diocesan School...competed in 1st XV hockey from 2003-07 under head coach Tim Smith...helped the Waikato Diocesan 1st XV team win the national tournament in 2006...competed in rowing at Waikato Diocesan from 2002-06...helped the U16 crew to win the NZSS Rowing Championships in 2005 and took gold in the U18 Pair at NZSS Rowing Championships in 2006...voted top rower in 2006...competed in a 2006 multi-marathon event rowing 100kms as an individual on an ergometer, taking gold in the U17 category...in 2007 rowed for Cambridge Rowing Club under head coach Norm Charlton...took gold in the double at NICC...took second in the double and quad at the New Zealand National Championships...in 2007 was selected for New Zealand rowing junior trials.

**PERSONAL:** Phillipa Lee Summerville...born in January of 1989 in Pukekohe, New Zealand...mother Liz is a teacher...father Glenn is a pharmacist...younger sisters Brook and Tegan...enjoys the outdoors, scuba diving, fishing and camping...interested in studying marine biology at WSU.



**SARAH WOLFF**  
Auckland, New Zealand  
Westlake Girls HS '06  
Junior

**WSU CAREER:** As a SOPHOMORE (2008-09) competed with varsity eight after transferring to WSU prior to spring semester...part of

varsity eight that finished sixth at the Pacific-10 Championships.

**CLUB CAREER:** Rowed two seasons for Auckland Regional Performance Centre...raced with New Zealand U21 Youth Cup crew in 2008...won gold in women's eight and bronze in women's two B division.

**HIGH SCHOOL:** Participated in rowing, netball, and dragonboating in high school.

**PERSONAL:** Sarah Louise Wolff...born in December of 1988 in Auckland, New Zealand...father Robert manages a computer software company...mother Robyn works as a receptionist...younger brother Matthew and sister Emma...majoring in general studies at WSU.



**KATIE WOLLSTEIN**  
Olympia, Wash.  
North Thurston HS '06  
Senior

**WSU CAREER:** As a JUNIOR (2008-09) helped second varsity eight to second-place finish at the Head of the Lake...as a SOPHOMORE (2007-08)

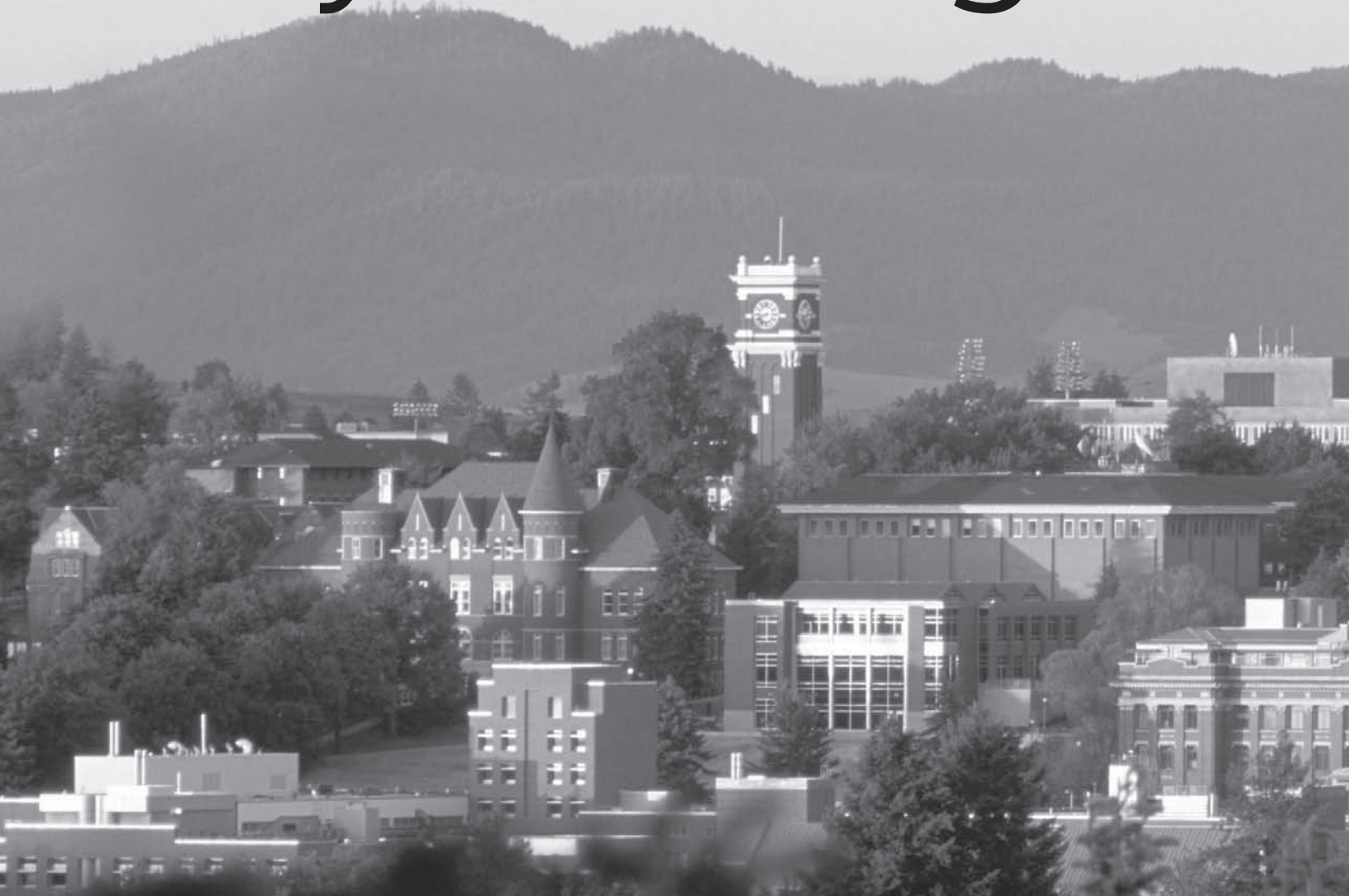
competed in the third varsity eight...helped varsity four to an eighth-place finish at NCAA Championships...as a FRESHMAN (2006-07) was a member of the novice team.

**HIGH SCHOOL:** Earned one varsity letter in soccer under head coach Dennis Crisp...voted soccer defensive MVP as a junior...participated in Olympia Area Rowing.

**PERSONAL:** Katherine Wollstein...born in July of 1988...father Bruce and mother Barbara...sisters Elizabeth and Joanne...was a scholar-athlete all four years of high school...majoring in wildlife ecology at WSU.



# Why Washington



"As a rower, you work hard to represent your school on the water. At WSU, you are provided with the support and materials you need to excel both academically and in your rowing career. WSU has shaped me into the well-rounded student-athlete I am today."

—**Natasha Ostopovich**  
Sydenham, Ontario

"I chose WSU because it offers a balance between a competitive team and academics. Pullman offers an environment that caters to students and student life and offers many opportunities for community involvement. WSU athletics nurtures student athlete growth and supplies a support system that allows well-rounded success."

—**Justine Galbraith**  
Fonthill, Ontario

# State University?



"The unmistakable sense of welcome, openness and unified community made Washington State University an easy pick. I find comfort with my team and in the classroom-- a rare feeling I wish more college students could experience."

—**Cayla Ravancho**  
Olympia, Wash.

"When I visited Pullman for the first time all the people I came across were incredibly friendly and helpful and made me feel so welcome. Pullman is truly the best kind of college town, everyone loves being a Cougar!!"

—**Allie Reilly**  
San Diego, Calif.



# FALL 08

## HEAD OF THE OKLAHOMA

October 4-5, 2008 – Oklahoma City, Okla.

### • Day One

**Women's Open Four:** 1. WSU A 16:02.231; 2. WSU D 16:30.033; 3. University of Miami A 16:32.549; 4. WSU B 16:37.393; 5. Austin Rowing Club A 16:37.507; 6. University of Texas A 16:42.013; 7. The University of Tulsa A 16:45.079; 8. WSU C 16:45.335.

### Women's Collegiate Eight NightSprint

**Qualifier:** 1. Stanford A 14:25.935; 2. Radcliffe A 14:36.955; 3. WSU A 14:44.287; 4. University of Miami A 14:57.089; 5. University of Texas A 15:01.991; 6. WSU B 15:02.207.

**Women's Collegiate Eight NightSprint Final:** 1. Stanford A 01:33.380; 2. WSU A 01:35.540; 3. Radcliffe A 01:37.700; 4. University of Miami A 01:40.390; 5. WSU B 01:42.380.

### • Day Two

**Women's Open Pairs:** 1. University of Texas B 17:01.973; 2. WSU A 17:15.097; 3. WSU D 17:16.811; 4. University of Texas E 17:40.537; 5. WSU C 17:51.86; 6. WSU B 17:56.207.

**Women's Collegiate Four:** 1. University of Miami B 15:51.753; 2. WSU A 16:00.967; 3. WSU B 16:14.709; 4. University of Texas B 16:28.097; 5. University of Texas A 16:56.941; 6. University of Central Oklahoma A 18:05.643.

## HEAD OF THE SPOKANE

October 25, 2008 – Spokane, Wash.

**Varsity Eight:** 1. WSU 17:31; 2. Gonzaga 18:13. First/Second Varsity Eight: 1. Gonzaga 17:55; 2. WSU 18:20.

**Second Varsity Eight:** 1. WSU 18:15; 2. Gonzaga 18:45.

**Third Varsity Eight:** 1. WSU 19:03; 2. Gonzaga 19:06.

**Novice Eight:** 1. Gonzaga 19:55; 2. WSU 20:45.

**Second Novice Eight:** 1. WSU 21:26; 2. Gonzaga 21:53.

## HEAD OF THE SNAKE

October 31, 2008 – Pullman, Wash.

**Varsity Eight:** 1. WSU 20:29.01; 2. Gonzaga 20:55.03.

**Second Varsity Eight:** 1. WSU 21:13.85; 2. Gonzaga 21:46.41.

**Third Varsity Eight:** 1. WSU 20:56.29; 2. Gonzaga 21:38.44.

**Novice Eight:** 1. Gonzaga 23:22.83; 2. WSU 24:12.51.

**Second Novice Eight:** 1. Gonzaga 25:54.64; 2. WSU 26:38.55.

**Third Novice Eight:** 1. WSU 23:47.40; 2. Gonzaga 25:55.44.

## HEAD OF THE LAKE

November 9, 2008 – Seattle, Wash.

**Varsity Eight:** 1. Washington, 17:30.39; 2. WSU, 17:38.23; 3. University of British Columbia, 18:02.36; 4. Gonzaga, 18:07.56; 5. University of Victoria, 18:52.09; 6. Puget Sound, 21:04.19.

**Second Varsity Eight:** 1. Washington, 17:36.34; 2. WSU, 18:20.14; 3. Gonzaga, 18:59.25; 4. University of Victoria, 19:25.70.

**Third Varsity Eight:** 1. Washington, 18:41.52; 2. Lake Washington Rowing Club, 18:53.70; 3. WSU, 19:18.06; 4. Washington, 19:18.22; 5. Washington, 20:09.09; 6. Lake Union, 20:12.06; 7. University of Victoria, 20:26.03; 7. University of Portland, 20:32.25.



# SPRING 09

## SAN DIEGO CREW CLASSIC

April 4-5, 2009 – San Diego, Calif.

### • Grand Finals

**Varsity Eight:** 1. Michigan 6:43.2; 2. Washington 6:45.83; 3. Wisconsin 6:47.24; 4. USC 6:48.49; 5. OSU 6:49.65; 6. WSU 6:52.25. **Novice Eight:** 1. Washington 7:16.97; 2. OSU 7:18.63; 3. WSU 7:28.87; 4. UCLA 7:35.96; 5. Oklahoma 7:47.33; 6. USC 7:56.70.

### • Petite Finals

**Second Varsity Eight:** 1. WSU 6:56.7; 2. Iowa 7:06.43; 3. UCLA 7:06.76; 4. SDSU 7:12.78; 5. Miami 7:15.37; 6. Sacramento St. 7:17.64.

## WASHINGTON at WASHINGTON STATE

April 11, 2009 – Pullman, Wash.

**Varsity Eight:** 1. Washington 6:42.96; 2. WSU 6:44.83.

**Second Varsity Eight:** 1. Washington 6:45.91; 2. WSU 6:51.04.

**Varsity Four:** 1. Washington A 7:35; 2. WSU A 7:45; 3. Washington B 8:01; 4. WSU B 8:07;

**Novice Eight:** 1. Washington 7:09.3; 2. WSU 7:40.3.

**Second Novice Eight:** 1. Washington 7:18.7; 2. WSU 8:02.7.

## MULTI-DUAL REGATTA at OHIO STATE

April 18-19, 2009 – Columbus, Ohio.

### • Saturday Morning

**Varsity Eight:** 1. Michigan St. 6:41.30; 2. WSU 6:50.99.

**Second Varsity Eight:** 1. WSU 6:43.27; 2. Michigan St. 6:45.95.

**Varsity Four:** 1. Michigan St. A 7:48.65; 2. WSU 7:48.65; 3. Michigan St. B 7:53.01

**Novice Eight:** 1. Michigan St. 7:02.19; 2. WSU 7:03.42.

### • Saturday Afternoon

**Varsity Eight:** 1. Michigan 6:39.58; 2. WSU 6:44.56.

**Second Varsity Eight:** 1. WSU 6:51.94; 2. Michigan 6:58.22.

**Varsity Four:** 1. Michigan A 7:37.3; 2. WSU 7:43.91; Michigan B 7:46.91.

**Novice Eight:** 1. Michigan 6:53.06; 2. WSU 7:03.18.

### • Sunday Morning

**Varsity Eight:** 1. Ohio St. 7:03.42; 2. WSU 7:13.62.

**Second Varsity Eight:** 1. WSU 7:08.7; 2. Ohio St. 7:15.07.

**Varsity Four:** 1. Ohio St. 8:12.55; 2. WSU 8:19.4.

**Novice Eight:** 1. WSU 7:13.78; 2. Ohio St. 7:19.26.

## WASHINGTON STATE at OREGON STATE

May 2, 2009 – Lowell, Ore.

**Varsity Eight:** 1. Oregon St. 6:31.95; 2. WSU 6:34.86.

**Second Varsity Eight:** 1. WSU 6:37.9; 2. Oregon St. 6:43.61.

**Varsity Four:** 1. Oregon State A 7:27.49; 2. Oregon St. B 7:36.45; 3. WSU A 7:37.19; 4. WSU B 7:43.55; Oregon St. C 8:05.38.

**Novice Eight:** 1. Oregon St. 6:57.77; 2. WSU A 7:01.9; 3. WSU B 7:26.87.

## PACIFIC-10 CONFERENCE CHAMPIONSHIPS

May 17, 2009 – Lake Natoma, Calif.

**Team:** 1. California 70.5; 2. Stanford 67; 3. Washington 57; 4. Oregon St. 55; 5. USC 49.5; 6. WSU 37.5; 7. UCLA 29; 8. Oregon 2.

### • Grand Finals

**Varsity Eight:** 1. Stanford 6:18.6; 2. California 6:22.0; 3. Oregon St. 6:29.4; 4. Washington 6:29.6; 5. USC 6:36.2; 6. WSU 6:42.5.

**Second Varsity Eight:** 1. California 6:35.1; 2. Stanford 6:36.4; 3. Washington 6:38.4; 4. USC 6:46.4; 5. Oregon St. 6:47.4; 6. WSU 6:49.2.

**Novice Eight:** 1. Washington 6:44.0; 2. California 6:47.7; 3. Oregon St. 6:50.9; 4. WSU 6:58.4; 5. Stanford 7:01.8; 6. USC 7:10.6.

### • Petite Finals

**Varsity Four:** 1. WSU 7:32.0; 2. Gonzaga 7:40.9.



# WSU NCAA RESULTS

## 2008 NCAA Rowing Championships Gold River, Calif. (Lake Natoma)

Team Overall	8th
Varsity 8	9th
Second Varsity 8	8th
Varsity 4	8th

## 2006 NCAA Rowing Championships West Windsor, N.J. (Mercer Lake)

Team Overall	4th
Varsity 8	4th
Second Varsity 8	5th
Varsity 4	4th

## 2004 NCAA Rowing Championships Gold River, Calif. (Lake Natoma)

Team Overall	9th
Varsity 8	14th
Second Varsity 8	3rd
Varsity 4	11th

## 2003 NCAA Rowing Championships Indianapolis, Ind. (Eagle Creek Reservoir)

Team Overall	12th
Varsity 8	15th
Second Varsity 8	11th
Varsity 4	10th

## 2002 NCAA Rowing Championships Indianapolis, Ind. (Eagle Creek Reservoir)

Varsity 8	13th
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**A**

Aadland, Callie	1994
Allen, Sarah	1999-2001
Anderson, Jennifer	1994
Armstrong, Amy	1999-2001
Arthur, Becky	1992-95

**B**

Baker, Amy	1998-99
Bankston, Sara	2001-02
Barnes, Laura	2002-03
Barney, Holly	1997
Bauer, Nicole	1994-97
Behrends, Kim	2005-07
Bills, Jessica	2005-06
Bloch, Katarzyna	2003-06
Bonora, Nicole	1995
Bowers, Christine	1998-2000
Brazinskaite, Lina	2004-07
Brevick, Amy	2007-09
Brevick, Karin	2007-09
Bushnell, Stacy	1995-97

**C**

Carlson, Anna	1997-99
Carroll, Devon	2001-02, 2004
Carroll, Shannon	1993-94
Chilibeck, Corina	2007-09
Clark, Erin	1995
Collins, Emily	2003-06
Conley, Lexie	2005, 2007
Copeland, Jennifer	2005-06
Corney, Jennifer	1995-97
Crossett, Deedee	1994
Cummins, Angie	1992
Curry, Paula	1994-97
Curry, Deborah	2002-04
Curtis, Tristen	2002-03

**D**

Dahlgren, Katie	2001-03
Darbous, Michelle	2000-01
Davidson, Rebecca	1997
de Nys, Dina	1999-2000
Deyette, Jamie	2007-09
Dick, Katie	2009
Dragoy, Astrid	1991-93
Durfey, Adele	2005
Durfey, Audra	2001-04

**E**

Earnst, Janet	1995, 1997
Eastwood, Anne	2008-09
English, Willow	2005

**F**

Farris, Carly	2007-09
Fellows, Lauren	2004
Finney, Sharon	2004-06
Fix, Cora	2003
Fleischer, Kristin	2001
Foley, Pam	2000, 2002
Frazier, Beth	1995
French, Emily	1994-96

**G**

Gailbraith, Justine	2008-09
Geczi, Elaine	1991-92
Geigert, Heather	1994
Gibson, Becca	2005-07
Goodell, Patricia	2002
Goodridge, Courtney	2003-04
Grafnings, Gunilla	2001-02
Griffin, Laura	2004-06

**H**

Hagfors, Michelle	1994-95
Hall, Kristi	1993-96
Hall, Marietta	1991
Hankins, Jane	1995
Haring, Christy	1994-95
Hasey, Cristal	2001
Harper, Nicola	1992-95
Hatchett, Deanne	1994-97
Heggum, Robin	2000
Hendershot, Amy Jo	2003-06
Hepworth, Nicole	1993-95
Hoang, Ann	1994-97
Holtan, Karen	1993
Homan, Carey	2004-07
Horne, Dana	1995-97
Horner, Celeste	1993
Howard, Alisha	1998-99
Hue, Courtney	1996-97
Hughes, Jenny	2000-01
Hunter, Dortha	2002

**J**

Johnson, Lauren	2008-09
Johnson, Rachel	1991-94
Jonoubeh, Tamara	2008
Jordan, Molly	1994-97
Jorgensen, Erika	2008-09

**K**

Kamphouse, Kelli	1993-96
Kern, Jackie	2000-01
Kinck, Christina	2008-09
Kistler, Michelle	1993-96
Koci, Kirsten	2000
Kressin, Heidi	1993-95
Kuelthau, Jenny	1991
Kyle, Amanda	2009

**L**

Landon, Tara	1992-93
Larson, Emily	1999-2001
Laughery, Mel	1995
Lende, Sarah	2006-07
Levesque, Danya	2009
Lewis, Erica	2007-09
Lipscy, Shannon	1991-94
Littlejohn, Michella	1997
Lloyd, Emily	1997
Long, Casey	2005-06
Lortie, Catherine	1999, 2002-03
Lundberg, Maryann	2003-05

**M**

Magill, Stefanie	1994-96
Magruder, Claire	2001
Malone, Lacey	2001
Manson, Angela	2003-05
Maricle, Lori	2003-05
Marshall, Crissy	1993
Martin, Kyann	2008-09
McClintock, Kristin	1996-99
McGrath, Corrie	2000-03
McKnight, Amber	2003-04, 2006-07

McTavish, Tara	2006-08
Meeker, Cara	1997
Meller, Kristin	1996
Merker, Marissa	1996-99
Mernaugh, Sally	1991
Metzger, Jill	1991-92
Miller, Autumn	1997-2000
Miller, Melissa	1996
Miller, Rosy	2003-04
Miller, Sarah	1993-95
Miller, Terese	1996
Mindemann, Michelle	2007-09
Moreno, Sally	1995-97
Morgan, Shayna	2004
Morris, Michelle	2005-07
Morse, Carly	2001
Myers, Meghan	1994

**N**

Nachazelova, Daniela	2004
Neal, Allison	1999
Neffeova, Irena	2008-09
Nesbitt, Vicki	2001
Newman, Chelsea	1994
Nicholson, Sarah	1993-96
Niell, Heather	2000
Nielson, Christy	2000-01

**O**

Oergel, Kim	1999-2001
O'Brien, Kelly	2005-08
O'Hare, Shannon	1991
Olson, Susan	1991-94
Orth, Jamie	2001-03
Ostopovich, Natasha	2008-09
Oury, Carolyn	2000-03

**P**

Papke, Mykel	1994-97
Park, Camille	2001
Passons, Dana	1998-99
Patten, Jill	1992, 1994-95
Patterson, Erin	2001-04
Paszkowski, Kate	1996-97
Pein, Airion	1991
Peters, Monica	1998-2000
Phillips, Lisa	1997, 2000
Powell, Sarah	2008
Price, Meghann	2005
Prichard, Lydia	1999

**R**

Rains, Emily	2000-03
Rand, Liz	2006
Ravanchio, Cayla	2009
Rich, Ann	1992-95
Roberts, Pearl	2001
Rodford, Beth	2002
Rodriguez, Tiana	2006-08
Rothstrom, Hannah	2008-09
Ryman, Lexi	2009

**S**

Schaeffer, Angie	2001
Shwarz, Nicole	1996
Schlachter, Patricia	2008
Scott, Angela	1998-99
Sekreta, Collen	1992
Serratore, Vanessa	2006
Shanahan, Christy	1997-99
Shirley, Catherine	2005
Smith, Jenipher	1992-94
Snook, Liz	1997-2000
Steele, Wendy	1993
Stephenson, Robyn	2005-06
Stoneham, Amanda	2000
Storbo, Jennie	1992
Summerville, Philippa	2008-09
Swanson, Kelli	1993

**T**

Taylor, Lori	1991
Taylor, Summer	1995-97
Teague, Monica	2007-09
Thomas, Jody	2004-06
Tribe, Emily	2001-04
Trout, Stephanie	1992-94
Turman, Connie	1996-97
Turnbull, Naomi	2000-03
Tyler, Shannon	1997

**V**

Vogt, Suzanne	2004-05
Vos, Kathy	1996

**W**

Waelti, Lynn	1992
Walby, Susan	1996
Walker, Erin	2001-02
Waterfield, Sarah	2004-07
Watt, Catherine	2005-07
Wedin, Alison	1996
Wedin, Megan	1996-97
Wertzler, Kelsey	2002-03
Whitney, Lisa	1997
Wiggs, Megan	1996-97
Winsper, Elizabeth	2002
Williams, E'Lana	1992-94
Wilson, Cynthia	2001
Windau, Nicole	1999-2000
Wolff, Sarah	2009
Wollstein, Katie	2008
Woodham, Brianna	2000-01
Wright, Nicole	2002-04

**Y**

Yust, Jennifer	1995-97
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## COLLEGIATE ROWING COACHES ASSOCIATION DIVISION I ALL- AMERICA AWARD

### First Team

2008 Irena Neffeova  
2006 Sarah Waterfield

### Second Team

2008 Karin Brevick  
2007 Sarah Waterfield  
2006 Jody Thomas  
2005 Jody Thomas  
2004 Erin Patterson  
2003 Corrie McGrath  
2002 Corrie McGrath

### West Region

#### First Team

##### 2009 Erica Lewis

2008 Karin Brevick, Irena Neffeova  
2007 Sarah Waterfield  
2006 Jody Thomas, Sarah Waterfield  
2005 Jody Thomas  
2004 Erin Patterson  
2003 Corrie McGrath, Emily Rains,  
Emily Tribe  
2002 Corrie McGrath, Emily Tribe  
2001 Corrie McGrath  
2000 Corrie McGrath

### West Region

#### Second Team

2008 Tiana Rodriguez  
2006 Kasia Bloch, Laura Griffin,  
Kelly O'Brien  
2004 Jody Thomas  
2002 Gunilla Grafnings  
2001 Sarah Allen, Amy Armstrong  
2000 Amy Armstrong, Autumn Miller

### West Region

#### Third Team

2001 Emily Tribe

## COLLEGIATE ROWING COACHES ASSOCIATION WEST REGION COACH OF THE YEAR

Tammy Crawford, 2001, 2002  
Jane LaRiviere, 2006

## PACIFIC-10 CONFERENCE COACH OF THE YEAR

Jane LaRiviere, 2006

## PACIFIC-10 ALL-CONFERENCE

2009 Erica Lewis  
2008 Kelly O'Brien, Tiana Rodriguez  
2007 Kasia Bloch, Sarah Waterfield  
2006 Jody Thomas, Sarah Waterfield  
2005 Jody Thomas  
2004 Erin Patterson  
2003 Corrie McGrath, Jamie Orth,  
Emily Tribe  
2002 Corrie McGrath, Gunilla Grafnings  
2001 Sarah Allen  
2000 Lisa Phillips  
1999 Anna Carlson  
1998 Shannon Tyler  
1997 Dana Horne  
1996 Kristi Hall, Kelli Kamphouse  
Michelle Kistler  
1995 Lisa Swaye  
1994 Shannon Lipsy  
1993 Nicole Harper, Jenipher Smith  
1992 Elaine Geczi  
1990 Jodi Rutter  
1989 Stacey Gosney  
1988 Brenda Risch

## COLLEGIATE ROWING COACHES ASSOCIATION NATIONAL SCHOLAR-ATHLETE

2009 Corina Chilibeck, Carly Farris,  
Christina Kinck, Erica Lewis,  
Kyann Martin, Hannah Rothstrom  
2008 Corina Chilibeck, Erika Jorgensen,  
Erica Lewis, Kyann Martin,  
Hannah Rothstrom  
2007 Becca Gibson, Carey Homan,  
Tiana Rodriguez, Catherine Watt  
2006 Kasia Bloch, Laura Griffin,  
Tiana Rodriguez  
2005 Kasia Bloch, Lina Brazinskaite,  
May Lundberg  
2004 Courtney Goodridge, Jody Thomas  
2003 Tristin Curtis, Corrie McGrath  
2002 Gunilla Grafnings  
2001 Sarah Allen, Gunilla Grafnings,  
Jennifer Hughes, Emily Larson  
2000 Sarah Allen, Emily Larson,  
Lisa Phillips, Liz Snook

## PACIFIC-10 ALL-ACADEMIC AWARD

### First Team

2009 Corina Chilibeck, Carly Farris, Christina Kinck,  
Erica Lewis, Kyann Martin, Hannah Rothstrom  
2008 Alex Bond, Tara McTavish, Tiana Rodriguez,  
Liz Rand, Hannah Rothstrom  
2007 Tara McTavish, Lina Brazinskaite, Carey Homan,  
Michelle Morris, Catherine Watt  
2006 Kasia Bloch, Becca Gibson, Laura Griffin,  
Carey Homan, Casey Long, Michelle Morris,  
Catherine Watt, Vanessa Serratore, Suzanne Vogt  
2005 Kasia Bloch, Becca Gibson, Tamber Hilton,  
Carey Homan, Casey Long, May Lundberg,  
Meghann Price Catherine Watt, Jody Thomas,  
Suzanne Vogt  
2004 Kasia Bloch, Debbie Curry, Courtney Goodridge,  
May Lundberg, Rosy Miller, Suzanne Vogt  
2003 Laura Barnes, Debbie Curry, Tristen Curtis,  
Corrie McGrath, Rosy Miller  
2002 Gunilla Grafnings, Corrie McGrath  
2001 Sarah Allen, Amy Armstrong, Gunilla Grafnings,  
Jennifer Hughes, Jackie Kern, Emily Larson,  
Corrie McGrath, Erin Walker  
2000 Sarah Allen, Gunilla Grafnings, Emily Larson,  
Lisa Phillips, Liz Snook, Robyn Stephenson  
1999 Lisa Phillips  
1998 Shannon Tyler, Lynn Waelti  
1997 Molly Jordan  
1996 Kelli Kamphouse  
1995 Stefanie Magill  
1994 Nicole Harper  
1993 Susan Olson

### Second Team

2009 Annie Eastwood, Lauren Johnson, Erika Jorgensen  
2008 Suzanne Cox, Corina Chilibeck, Carly Farris,  
Erika Jorgensen, Erica Lewis, Kelly O'Brien,  
Katie Wollstein  
2007 Lexie Conley, Carly Farris, Sarah Lende,  
Sarah Waterfield  
2006 Jessica Bills, Lina Brazinskaite, Amy Jo Hendershot,  
Tara McTavish, Jody Thomas  
2005 Lina Brazinskaite, Rebekah Eschenbacher,  
Laura Griffin, Amy Jo Hendershot, Michelle Morris  
2003 Kathryn Dahlgren, May Lundberg, Angela Manson,  
Emily Rains, Christian Van Ess, Kelsey Wertzler

### Honorable Mention

2009 Amy Brevick  
2008 Kasey Heil, Amanda Kyle, Sarah Law, Crystal Martin  
2007 Kelly O'Brien  
2006 Sharon Finney, Sarah Lende, Kelly O'Brien,  
Sarah Waterfield  
2005 Amy Antisdell, Jessica Bills, Emily Collins,  
Lexie Conley, Jennifer Copeland, Jackie Hedlund,  
Sarah Lende, Lori Maricle, Sarah Waterfield  
2004 Emily Collins, Lexie Conley, Jennifer Copeland  
2002 Debbie Curry, Kathryn Dahlgren, Pamela Foley,  
Patricia Goodell, Emily Rains, Erin Walker,  
Elizabeth Winsper  
2001 Michelle Darbous, Carolyn Oury, Emily Rains



# Washington State Colleges

WSU has 11 colleges and offers 250 fields of study spanning the liberal arts and sciences, as well as architecture, business, communication, education, nursing, pharmacy, agriculture, engineering and veterinary medicine.

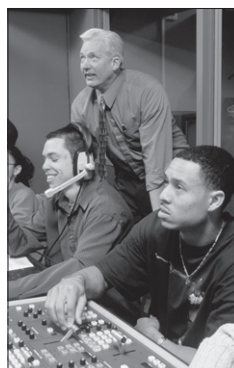
Students from all 50 states and 103 foreign countries attend WSU.



Agriculture



Business



Communication



Education



Engineering



Honors



Liberal Arts



Nursing



Pharmacy



Sciences



Veterinary Medicine



# Washington State **Notable Alumni**



**Patty Murray**, U.S. Senator



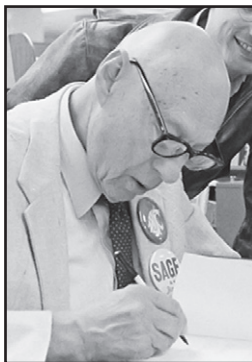
**Barry Serafin**, ABC News correspondent



**Charles Glen King**, Leading researcher in the development of Vitamin C



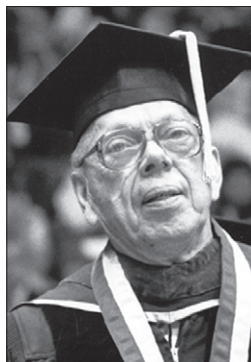
**Keith Jackson**, ABC TV's Voice of College Football



**Jerry Sage**, Teacher of the Year and WW II escape artist who was played by Steve McQueen in the movie Cooler King



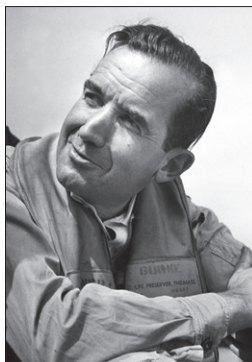
**Mel Hein**, A charter member of both College and Professional Football Halls of Fame



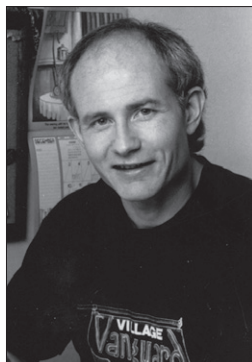
**Phil Abelson**, Father of the atomic submarine



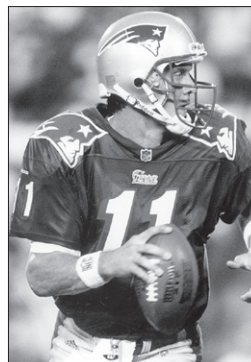
**Sherman Alexie**, Screenwriter, Poet, Novelist



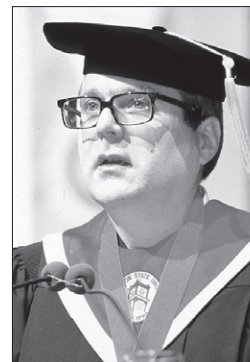
**Edward R. Murrow**, the Father of modern day news reporting and namesake for WSU's Murrow College of Communication



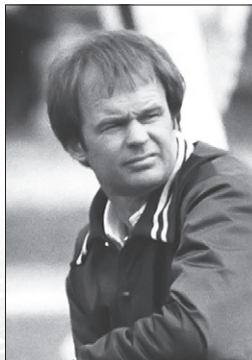
**Gary Larson**, Creator of the Far Side cartoons



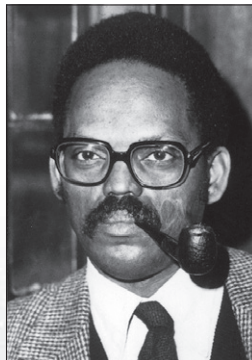
**Drew Bledsoe**, NFL All-Pro Quarterback



**Paul Allen**, Owner of the Portland Trail Blazers and Seattle Seahawks



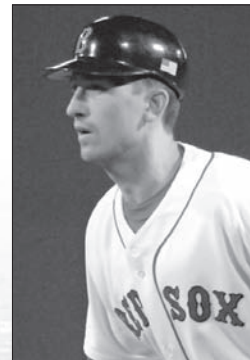
**Hugh Campbell**, General Manager, Edmonton Eskimos of the Canadian Football League.



**William Julius Wilson**, Harvard University Professor, recognized by Time magazine as one of America's 25 most influential people



**Cindy Brunson**, ESPN News



**John Olerud**, Two-time MLB All-Star

## Elson S. Floyd



### President

Elson S. Floyd is Washington State University's 10th president. He took office in May of 2007 after serving as president of the four-campus University of Missouri System during 2002-2007.

"Excellence, quality, and accountability" are keystones to his administration leading WSU. He puts high priority on WSU being a research leader and having a global presence. Furthermore, he endorses diversity of thought, opinion, perspective, viewpoints, race and ethnicity as characteristics of a world-class university.

Floyd served as president of Western Michigan University from 1999 to 2002, and held several administrative positions at the University of North Carolina Chapel Hill, including deanships in student affairs and the College of Arts and Sciences.

Previously, he spent two years as executive director of the state of Washington Higher Education Coordinating Board, the agency responsible for statewide coordination, planning, oversight, policy analysis and student financial aid programs for Washington's post-secondary education system. From 1990 to 1993, he served as vice president for student services, vice president for administration and executive vice president at Eastern Washington University.

He began his career in 1978 at the University of North Carolina at Chapel Hill, where he held deanships in the Division of Student Affairs, the General College and the College of Arts and Sciences. From 1988 to 1990, he was assistant vice president for student services for the UNC system office, where he helped develop and articulate student affairs and academic affairs policy for the 16-campus university system.

A native of Henderson, N.C., Floyd holds a bachelor of arts degree in political science and speech, a master of education degree in adult education, and a doctor of philosophy degree in higher and adult education, all from the University of North Carolina at Chapel Hill.

Floyd and his wife, Carmento Floyd, have two grown children.

## Anne McCoy



### Senior Associate Director Of Athletics/SWA

Veteran intercollegiate athletics administrator Anne McCoy has served Washington State University since 2001 and was promoted from associate director to senior associate director of athletics in 2004. Her appointment to senior woman administrator came in the summer of 2007.

In her capacity as senior associate director of athletics, she is charged with overseeing all aspects of WSU's athletic budget and supervises several areas with the department including the business office, equipment, computer and football operations, and event management and facility operations. She also serves as a liaison for men's and women's basketball.

McCoy serves on several Pacific-10 Conference committees, including the Senior Woman Administrator and Television Committees and on the Budget and Finance, Compliance and Enforcement, Diversity Leadership Initiative Review, Awards Review, Medical Care, and Student-Athlete Advisory committees. She also been appointed to the NCAA Women's Rowing Committee and is a past vice president of the Pac-10 Conference.

A Wisconsin native, McCoy earned a bachelor's degree in sports management in 1989 from the University of Massachusetts. While an undergraduate, she worked for the Pittsburgh Penguins professional hockey organization, expanding the club's season ticket base. McCoy also served an internship as the assistant athletic business manager at the University of Connecticut, and was instrumental in designing and implementing a comprehensive computerized budget-tracking system.

McCoy served in several capacities at the University of Maine from 1989-1995, lastly as associate director of athletics and senior woman administrator. At Maine, she supervised men's basketball, men's and women's soccer, men's and women's swimming and softball in addition to the athletic business office, ticket office, retail store and cheerleading staff and operations. She took a similar administrative positive at St. Louis University from 1995-96.

In 1996, McCoy moved west, joining the staff at Portland State University as associate director of athletics and senior woman administrator, and was promoted to senior associate director of athletics in 1998. At PSU, she managed all internal staff and the daily operations of the department, representing the director of athletics as needed. McCoy also supervised men's and women's golf, cross country/track and field, and women's volleyball, soccer, tennis and softball.

McCoy and her husband Brian have two children, daughter Taylor and son Jake.

## Jim Sterk



### Director of Athletics

Washington native James M. Sterk was appointed Washington State University's director of athletics in June of 2000. In his nine years, Sterk has seen unprecedented growth and success by the Cougars' 17 intercollegiate teams and 450 individuals who compete for WSU annually.

On the academic front, WSU earned 114 selections to Pacific-10 Conference All-Academic teams in 2007-08. That figure represented the most student-athletes to earn such an honor during an academic year in school history, all student-athletes maintained a 3.01 cumulative GPA in 2008-09 and for 10 consecutive semesters WSU student-athletes have averaged at least a 3.00 cumulative GPA.

On the field, Cougar Athletics has enjoyed extraordinary achievements. In the past three years, 12 sports have been represented in NCAA postseason play. Among the many highlights achieved by the programs are the men's basketball team three consecutive postseason appearances including back-to-back appearances in the NCAA Tournament (2007 & 2008). The football program put together three consecutive 10-win seasons from 2001 to 2003 and the women's rowing program earned five NCAA Championship appearances including a fourth-place finish in 2006, the highest finish ever by a WSU women's team in NCAA postseason competition.

Facility improvements have also been among projects Sterk has tackled. Following the 2006 football season, the initial phases of a renovation to Martin Stadium, the home of Cougar football, began with Phases I and II which were completed in time for the 2008 football season. Completed in the fall of 2008 were a state-of-the-art rowing tank and a hydrotherapy complex to further meet the needs of student-athletes. In addition, plans are underway for an ambitious capital improvement plan that will enhance many other WSU athletic facilities.

A 1980 graduate of Western Washington University, Sterk received his master's degree in sports administration from Ohio University. His professional career has included positions at North Carolina, Maine, Seattle Pacific, Tulane and Portland State, the latter as director of athletics for five years before joining the Cougar staff.

The foundation of Sterk's leadership plan is based on five areas: the student-athlete experience, resource acquisition, personnel, political dynamics, and facilities. All five areas have enjoyed growth in his first nine years at Washington State University.

Sterk currently is the chair of the Pac-10 Athletic Directors committee and has served on numerous Pacific-10 Conference committees during his tenure at WSU.

## Ken Casavant



### Faculty Athletics Representative

Professor Ken Casavant, a member of the Washington State University family since 1967, currently serves as WSU's Faculty Athletics Representative to the Pacific-10 Conference and the National Collegiate Athletic Association. He is a past president of the Pac-10 and most recently served on the NCAA Division I Management Council.

Casavant came to WSU as a graduate research assistant in the Department of Agricultural and Resource Economics. He was named an assistant professor in 1971, an associate professor in 1975 and a full professor in 1980.

In 2004, Casavant received the Shalin Excellence award for Leadership for the University, having had the honor several years earlier of giving the Distinguished Faculty Address, the University's oldest award and also receiving the Shalin Excellence in Public Service award for the University. In 1979, Casavant received the R.M. Wade award for outstanding teacher in the college of agriculture at WSU, and in 1990, he earned the distinguished WSU Faculty of the Year award. Casavant was elected vice-chair (1991-92) and chair (1992-93) of the WSU Faculty Senate and has been accorded the Distinguished Teacher award by the American Agricultural Economics Association. He was named Distinguished Scholar by the Western Agricultural Economics Association in 2003 for his nationally recognized work as a transportation economist.

During his tenure at WSU, Casavant has served as associate director for the Washington State Transportation Center (1984-87) and the interim Vice-Provost for Academic Affairs and interim Vice-Provost for Research (1998).

The North Dakota native is a 1965 graduate of North Dakota State University, where he earned a bachelor's degree in agricultural economics. He received his master's degree from NDSU, followed by a Ph.D., from WSU in 1971.

Ken and his wife Dorothy have two grown daughters, Michele and Colette and one grandson, Raphael.

**ADMINISTRATIVE STAFF (509-335-0311)***Bohler Athletic Complex 110, Pullman, WA 99164-1602*

Jim Sterk, Director of Athletics

Ken Casavant, Faculty Athletics Representative

Anne McCoy, Senior Associate Director of Athletics/SWA

Pam Bradetich, Senior Associate Director of Athletics

John Johnson, Senior Associate Director of Athletics

Robert Minnix, Senior Associate Director of Athletics

Chris Cook, Associate Director of Athletics (Academic Support Services)

Leslie Johnson, Associate Director of Athletics (Business Operations)

Steve Robertello, Associate Director of Athletics (Compliance)

Chris Walker, Associate Director of Athletics (Athletic Foundation)

John David Wicker, Associate Director of Athletics (Event and Facility Operations)

**MEDIA RELATIONS (509-335-COUG)***Bohler Athletic Complex 195, Pullman, WA 99164-1602*

Bill Stevens, Director (C/916-761-7005)

Linda Chalich, Assistant Director (C/509-432-3263)

Craig Lawson, Assistant Director/Soccer Contact (C/509-432-9063)

Jessica Schmick, Assistant Director (C/509-781-0550)

Joe Nickell, Assistant Director (C/509-361-4338)

Caitlin Bonney, Student Assistant

Spencer Drolette, Student Assistant

Nick Hemphill, Student Assistant

Casey Johnson, Student Assistant

Donny Turnbaugh, Student Assistant

Mike Walsh, Student Assistant

**BASEBALL (509-335-0332)***Bohler Athletic Complex M40, Pullman, WA 99164-1602*

Don Marbut, Head Coach

Gregg Swenson, Assistant Coach

Spencer Allen, Assistant Coach

Gabe Boruff, Volunteer Assistant Coach

**MEN'S BASKETBALL (509-335-0240)***Smith Gym 124, Pullman, WA 99164-1602*

Ken Bone, Head Coach

Curtis Allen, Assistant Coach

Ben Johnson, Assistant Coach

Jeff Hironaka, Assistant Coach

Jared Barrett, Coordinator of Basketball Operations

Tim Marrior, Operations Assistant

**WOMEN'S BASKETBALL (509-335-0276)***Bohler Athletic Complex 220, Pullman, WA 99164-1602*

June Daugherty, Head Coach

Mike Daugherty, Associate Head Coach

Mo Hines, Assistant Coach

Brian Holsinger, Assistant Coach

Kate Werner, Coordinator of Basketball Operations

**FOOTBALL (509-335-0250)***Bohler Athletic Complex 102, Pullman, WA 99164-1602*

Paul Wulff, Head Coach

Chris Ball, Assistant Head Coach/Co-Defensive Coordinator/Safeties

Steve Broussard, Running Backs/Special Teams

Harold Etheridge, Offensive Line

Mike Levenseller, Wide Receivers

Travis Niekamp, Linebackers

Rich Rasmussen, Tight Ends/Recruiting Coordinator

Malik Roberson, Defensive Line

Jody Sears, Co-Defensive Coordinator/Cornerbacks

Todd Sturdy, Offensive Coordinator/Quarterbacks

Shawn Deeds, Coordinator of Football Operations

Nick Lucey, Graduate Assistant

Ryan Smaha, Graduate Assistant

Kevin C. Night Pipe, Football Video Coordinator

Jason Belford, Student Assistant

Josh Tschirgi, Student Assistant

**MEN'S GOLF (509-335-0224)***Bohler Athletic Complex M40, Pullman, WA 99164-1602*

Walt Williams, Head Coach

**WOMEN'S GOLF (509-335-1926)***Bohler Athletic Complex M42, Pullman, WA 99164-1602*

Kelli Kamimura, Head Coach

**ROWING (509-335-0309)***Bohler Athletic Complex M25, Pullman, WA 99164-1602*

Jane LaRiviere, Head Coach

Tara Medina, Assistant Coach

Corrie McGrath, Assistant Coach/Novice

Crystal Culp, Graduate Assistant

**SOCCER (509-335-0306)***Bohler Athletic Complex M42, Pullman, WA 99164-1602*

Matt Potter, Head Coach

Jason Goodson, Assistant Coach

Cory McCoy, Assistant Coach

**SWIMMING (509-335-0273)***PEB 111, Pullman, WA 99164-1602*

Erica Quam, Head Coach

Lindsay Henahan, Assistant Coach

**TENNIS (509-335-0308)***Bohler Athletic Complex M37, Pullman, WA 99164-1602*

Lisa Hart, Head Coach

Ekaterina Burduli, Assistant Coach

**TRACK & FIELD/CROSS COUNTRY (509-335-0248)***Bohler Athletic Complex M10, Pullman, WA 99164-1602*

Rick Sloan, Head Coach

Debra Farwell, Associate Head Coach

Pete Julian, Assistant Coach, Cross Country Coach

Mark Macdonald, Assistant Coach

Matt McGee, Assistant Coach

Ellannee Richardson, Assistant Coach

**VOLLEYBALL (509-335-0277)***Bohler Athletic Complex 230, Pullman, WA 99164-1602*

Andrew Palileo, Head Coach

Brian Lamppa, Associate Head Coach

TeAna Tramel, Assistant Coach

Kara Kiefer, Operations Coordinator

**ATHLETIC DEPARTMENT****MISSION STATEMENT**

It is the mission of the Athletic Department to create and foster an environment which provides opportunities for all student-athletes to enrich their collegiate experience through participation on athletic teams which are competitive at the conference and national level. In concert with the mission and values of Washington State University, the department is dedicated to providing opportunities, which will enhance the intellectual, physical, social, moral and cultural development of the whole person, while conducting all activities with honesty and integrity in accordance with the principles of good sportsmanship and ethical conduct. The Athletic Department values gender and ethnic diversity and is committed to providing equitable opportunities for all students and staff. The department will pursue its mission while upholding the values, purposes and policies of Washington State University, the Pacific-10 Conference, and the National Collegiate Athletic Association.



## FOOTBALL

### Paul Wulff, 2nd Year

Paul Wulff became WSU's 31st head football coach in December, 2007, when he returned to his alma mater after spending the previous eight years as head coach at Eastern Washington University. Wulff has assembled a 55-51 in his nine-year head coaching career, including three postseason appearances.



## VOLLEYBALL

### Andrew Palileo, 2nd Year

Dedicated to rebuilding the Cougar volleyball program back to national prominence, Andrew Palileo ended his first season at WSU with the team winning three of the final four matches in the Pac-10 schedule. The WSU volleyball coaching staff has tirelessly hit the recruiting trails and the results will soon be evident on the court.



## SOCCER

### Matt Potter, 7th Year

Matt Potter, in his seventh season, has led Washington State to five-straight winning seasons, an unprecedented feat for Cougar soccer since joining the Pacific-10 Conference. His 55 victories are a school record. Last season, he led the Cougars to their first postseason berth since 2002. He has coached 19 all-conference honorees and 72 Pac-10 All-Academic award recipients.



## SWIMMING

### Erica Quam, 8th Year

During her seven years at Washington State, three Erica Quam coached teams have scored points at the NCAA Championships. Last season, the Cougars sent three student-athletes to the NCAA Championships, a first for the program. Under her leadership, WSU swimmers have set 19 school records, and garnered 75 Pac-10 All-Academic honors, including 25 first team accolades.



## MEN'S BASKETBALL

### Ken Bone, 1st Year

The 17th head coach in Cougar Basketball history, Ken Bone brings 17 years of head coaching experience with him to the Palouse, including the last four at Portland State. A Washington native, Bone took PSU to consecutive NCAA Tournaments his last two seasons with the Vikings (2008 and 2009), marking the only appearances in school history.



## WOMEN'S BASKETBALL

### June Daugherty, 3rd Year

June Daugherty, in her third season leading the Cougars, brought a wealth of experience in building winning programs. In her first season Daugherty brought in one of the nation's top-ranked recruiting classes and more than tripled home attendance. Last year she orchestrated one of the nation's top 30 turnarounds, measured in both wins and jump in RPI. Daugherty is looking to take her third different school to the NCAA Tournament.



## MEN'S GOLF

### Walt Williams, 12th Year

Since taking over the WSU men's and women's golf programs in 1998, Walt Williams' teams have re-written the record books and crowned two All-Americans. Both the men's and women's teams have competed in the NCAA West Regionals during his tenure. Williams is the winningest coach in school history, compiling a total of 27 team titles, including one in 2008-09.



## WOMEN'S GOLF

### Kelli Kamimura, 1st Year

Kelli Kamimura is in her first season as the head women's golf coach at WSU. A native of Burlington, Wash. (Sedro Woolley HS), she was also a two-time All-American during her collegiate playing days at Washington.



## TENNIS

### Lisa Hart, 7th Year

The Cougar tennis program, under the direction of seventh-year head coach Lisa Hart, has been nationally ranked each of the last six seasons and has recorded 14-plus wins in three of the last four years. In 2008 the Cougars reached the NCAA tournament for the first time since the 2002 season.



## BASEBALL

### Don Marbut, 6th Year

Don Marbut, is in his sixth year as WSU's head coach and seventh with the program. In 2009, he skipped the Cougars to their first NCAA postseason since 1990. He has mentored 14 Major League Baseball draft picks and led the Cougars to a national ranking in three of the last four seasons.



## ROWING

### Jane LaRiviere, 8th Year

Jane LaRiviere has led her teams to four NCAA Championships in her seven years at WSU, including twice in the last four seasons. In 2008 the Cougars finished eighth at the NCAA Championships, only bettered by her squad's fourth-place finish in 2006. LaRiviere was awarded Pac-10 and CRCA West Regional Coach-of-the-Year honors in 2006.



## TRACK & FIELD/ CROSS COUNTRY

### Rick Sloan, 16th Year

Rick Sloan is the dean of WSU coaches, having been with the program for 36 years, including the last 14 as head coach of both the men's and women's programs. He has directed 38 WSU athletes to NCAA Outdoor All-America status 67 times and mentored 29 Cougar athletes to NCAA Indoor All-America status 44 times.



## Cougar Mania Hydrotherapy Facility



The new hydrotherapy facility includes a Hydroworx underwater treadmill, a cold plunge and a warm therapy pool.



Prevention of athletic injuries is the primary goal of the Washington State University athletic staff, along with the care and rehabilitation of student-athletes.

When injuries do occur, the Cougar staff provides the very best in care, utilizing state-of-the-art equipment. A new hydrotherapy facility opened in the fall of 2008 to further meet the needs of student-athletes.

### Athletic Training Services:

- More than 40 students obtaining clinical hours in a nationally-accredited athletic training education program
- Four sports medicine trained team physicians
- Coordinator of Sports Nutrition/Registered Dietician
- Nine certified Athletic Trainers

## Barb Russell

### Certified Athletic Trainer



In her seventh year at Washington State University, Barb Russell brings a wealth of experience and knowledge to the training table. Currently assigned to work with the women's rowing team, Russell has also assisted Cougar volleyball and track and field teams.

Russell joined the Athletic Training staff at WSU in the Fall of 2003 after six years as the Co-Head Athletic Trainer and Instructor at the University of Wisconsin-La Crosse, a Division III institution with 18 intercollegiate sports and an accredited undergraduate Athletic Training program. Prior to that she served one year as the Head Athletic Trainer / Instructor at BYU-Hawaii, as well as working in multiple physical therapy clinics in Utah.

Russell earned her Bachelor of Science degree in 1990 from Brigham Young University and served as a graduate assistant trainer there for two years. She was the head trainer and instructor at Brigham Young University - Hawaii for a year before returning to Utah



and working at Utah Valley Physical Therapy & Sports Medicine in Provo.

She received her Master of Science from BYU in 1995 and worked at Physical & Sports Therapy in Payson, Utah for the next year.

Russell earned a National Athletic Trainers' Association Clinical Instructor Educator certification in 2002 and has been a member of NATA since 1989. She has had two "pearls" published in *The Physician and Sportsmedicine* (December 2000, and February 2001).



# Cougar Student-Athlete Development

## Student-Athlete Development

Our Student-Athlete Development unit initiates support for academic and personal success during on-campus recruiting visits with prospective student-athletes, and continues providing support and services until student-athletes graduate from WSU. Our student-athlete development staff is committed to developing and implementing comprehensive and effective programs to assist student-athletes in identifying and meeting their academic and career goals leading to graduation and career development. We take a "life skills" approach when assisting student-athletes with class selection, major selection, graduation planning, career development, time management, goal setting, study skills, and learning strategies.

Our focus is the student-athlete and her personal development. We reinforce the value of maximizing the educational and career opportunities at WSU. And, most importantly, our staff emphasizes the importance of student-athletes taking personal responsibility and ownership in developing their academic and career plans. Our 93 percent graduation rate for those seniors who have exhausted their eligibility (over the past 10 years), second among all Pacific-10 Conference schools in that time, reflects our consistent commitment to academic success while striking a balance between academics and athletics.



**Andy Dephtereos**

Academic Advisor  
Learning Specialist

## 2009 Cougar Rowing Academic Honors

Corina Chilibeck	All-Pacific-10 First Team
Carly Farris	All-Pacific-10 First Team
Christina Kinck	All-Pacific-10 First Team
Erica Lewis	All-Pacific-10 First Team
Kyann Martin	All-Pacific-10 First Team
Hannah Rothstrom	All-Pacific-10 First Team
Annie Eastwood	All-Pacific-10 Second Team
Lauren Johnson	All-Pacific-10 Second Team
Erika Jorgensen	All-Pacific-10 Second Team
Amy Brevick	All-Pacific-10 Honorable Mention



## The Mission

The academic support services staff provides comprehensive support for all student-athletes. The type and level of programming, monitoring and support provided to each student-athlete is dependent upon the individual needs of each student-athlete, based on the review of existing academic information and academic assessments administered by the academic support services staff and/or University Testing Services. The academic support services staff also encourages student-athletes to access existing university resources. The academic counselors assist student-athletes with class selection, major selection, graduation planning, career planning, time management, goal setting, study skills and learning strategies. The counselors work closely with the University faculty to monitor grades and class attendance. The academic staff also communicates with the staff and faculty to provide assistance with rescheduling class assignments and exams missed due to team travel.



### Academic Support Services

- New Student-Athlete Orientation
- General Academic Counseling
- Learning Assessment
- Individual And Group Tutoring
- Assistance With Team Travel
- Writing And Math Assistance
- Graduation Planning
- Computer Lab with internet and library access
- Priority Registration
- Summer School And Degree Completion Financial Aid Programs

### Career Development

- Junior and Senior Planning Meetings
- Etiquette Dinner
- Access To SIGI Website For Career Exploration
- Career Fairs and Workshops
- Interview Skills And Workshops
- Job Search Strategies
- Professional Development Portfolio
- Senior Folder
- Alumni Connections
- Resume Development

### Personal Development

- New Student-Athlete Seminar
- Community Outreach – Team CARE
- P.R.O.W.L. Resource And Referral Center
- NCAA Lifeskills Materials And Resources
- Career Resources
- Mentoring Program

### Bohler Academic Resource Center

- 6,225 square feet
- Seven study Rooms
- 135-seat auditorium
- Computer lab
- Checkout laptops
- Wireless access

[www.athletics.wsu.edu/arc](http://www.athletics.wsu.edu/arc)



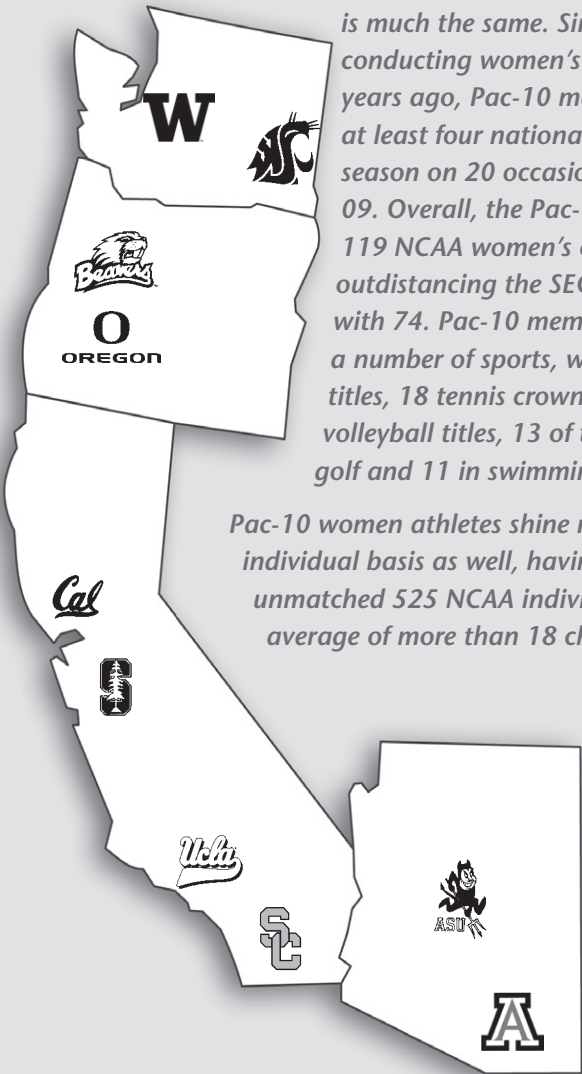
# Pacific-10 Conference

## The Conference of Champions

Entering the 2009-10 season, the Pacific-10 Conference continues to uphold its tradition as the "Conference of Champions."® Pac-10 members have claimed an incredible 166 NCAA team titles over the past 19 seasons, 11 in 2008-09, for an average of nearly nine championships per academic year.

Even more impressive is the breadth of the Pac-10's success, as those 166 team titles have come in 26 different men's and women's sports. The Pac-10 has led the nation in NCAA Championships 43 of the last 49 years and finished second five times.

Participation in the postseason was a common occurrence for the Conference in 2007-08. Of the 22 sports sponsored by the Pac-10, 18 witnessed at least half its teams participating in NCAA or other postseason action. The men sent 63 of a possible 93 teams into the postseason (67.7 percent), while the women sent 65 of a possible 101 teams (64.4 percent).



*On the women's side, the story is much the same. Since the NCAA began conducting women's championships 27 years ago, Pac-10 members have claimed at least four national titles in a single season on 20 occasions, including 2008-09. Overall, the Pac-10 has captured 119 NCAA women's crowns, easily outdistancing the SEC, which is second with 74. Pac-10 members have dominated a number of sports, winning 21 softball titles, 18 tennis crowns, 13 of the last 19 volleyball titles, 13 of the last 20 trophies in golf and 11 in swimming and diving.*

*Pac-10 women athletes shine nationally on an individual basis as well, having captured an unmatched 525 NCAA individual titles, an average of more than 18 champions per season.*

## Pacific-10 Conference Championship Results (1991-2009)

(prior to 1995 competed at Pacific Coast Rowing Championships)

Varsity Eight		Second Varsity Eight		Varsity Four		Novice Eight		Team Finish
2009	6th	2009	6th	2009	7th	2009	4th	2009
2008	3rd	2008	5th	2008	4th	2008	3th	6th
2007	7th	2007	6th	2007	6th	2007	4th	2008
2006	2nd	2006	3rd	2006	2nd	2006	7th	3rd
2005	6th	2005	6th	2005	5th	2005	4th	2007
2004	5th	2004	2nd	2004	4th	2004	4th	7th
2003	3rd	2003	4th	2003	3rd	2003	5th	2006
2002	3rd	2002	5th	2002	5th	2002	2nd	2nd
2001	5th	2001	2nd	2001	3rd	2001	Pac-10 Champions	2005
2000	5th	2000	4th	2000	4th	2000	4th	6th
1999	6th	1999	3rd	1999	5th	1999	3rd	2004
1998	4th	1998	2nd	1998	4th	1998	14th	3rd
1997	4th	1997	2nd	1997	4th	1997	8th	2003
1996	2nd	1996	Pac-10 Champions	1996	DNC	1996	5th	3rd
1995	3rd	1995	Pac-10 Champions	1995	2nd	1995	2nd	2002
1994	4th	1994	2nd	1994	4th	1994	P.C.R.C. Champions	4th
1993	3rd	1993	DNC	1993	4th	1993	3rd	
1992	11th					1992	4th	
						1991	DNC	



# THE WEIGHT ROOM

## Weight Room

With two floors covering 14,000 square feet and featuring state-of-the-art equipment, WSU's weight room is considered one of the top facilities in the nation.



## Cori Metzgar-Deacon

### Assistant Director, Strength and Conditioning



Cori Metzgar-Deacon (M.A., C.S.C.S, CSCCa) enters her fifth season as a strength and conditioning coach at Washington State University, and first as Assistant Director. She oversees the strength and conditioning programs for rowing, baseball, volleyball, women's soccer and women's swimming.

Metzgar-Deacon came to the Palouse from Colorado State University after serving as the head assistant strength and conditioning coach for the Rams 2001-2006. During her tenure at Colorado State, Metzgar-Deacon was directly responsible for planning, creating and implementing programs for the women's volleyball, softball, women's swimming/diving, women's and men's track/cross-country and women's tennis teams. She also assisted the director of strength and conditioning with football.

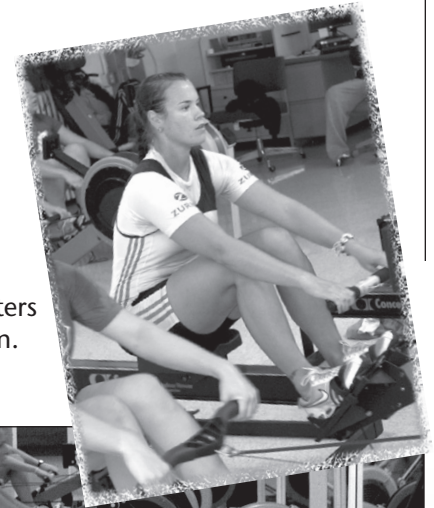
A 1998 graduate of Fort Lewis College, Metzgar-Deacon earned her bachelor's degree in exercise science while a member of the women's soccer team and downhill ski racing team. She received her master's in physical education from Western Michigan in 2000 where she served as a graduate assistant strength and conditioning coach. After earning her graduate degree, Metzgar-Deacon spent a year as an intern strength and conditioning coach at Ohio State, assisting and supervising the training for 10 sports including baseball, women's volleyball, women's swimming and men's and women's gymnastics.

Metzgar-Deacon married Brady Deacon in May, 2007.

# THE ERG ROOM

## Erg Room

The 2,700 square foot indoor practice facility, located in Hollingbery Fieldhouse, houses 45 Concept 2 Ergometers with a top-of-the-line air circulation system.



# THE TOM AND BARBARA WILSON ROWING CENTER



## Rowing Tank

Washington State University rowing broke ground on a state-of-the-art, 16 person, moving water rowing tank in Summer 2008. Located on the ground level of Bohler Athletic Complex, the tank was completed in the Spring and dedicated September 19, 2009. This facility has had an immediate impact with regard to the teaching and training of student athletes and will raise the profile of Cougar rowing on the WSU campus and throughout the state.

*"It's the only one of it's kind. I've been a rowing coach for over 20 years and this is the coolest thing I've ever seen."* —Jane LaRiviere



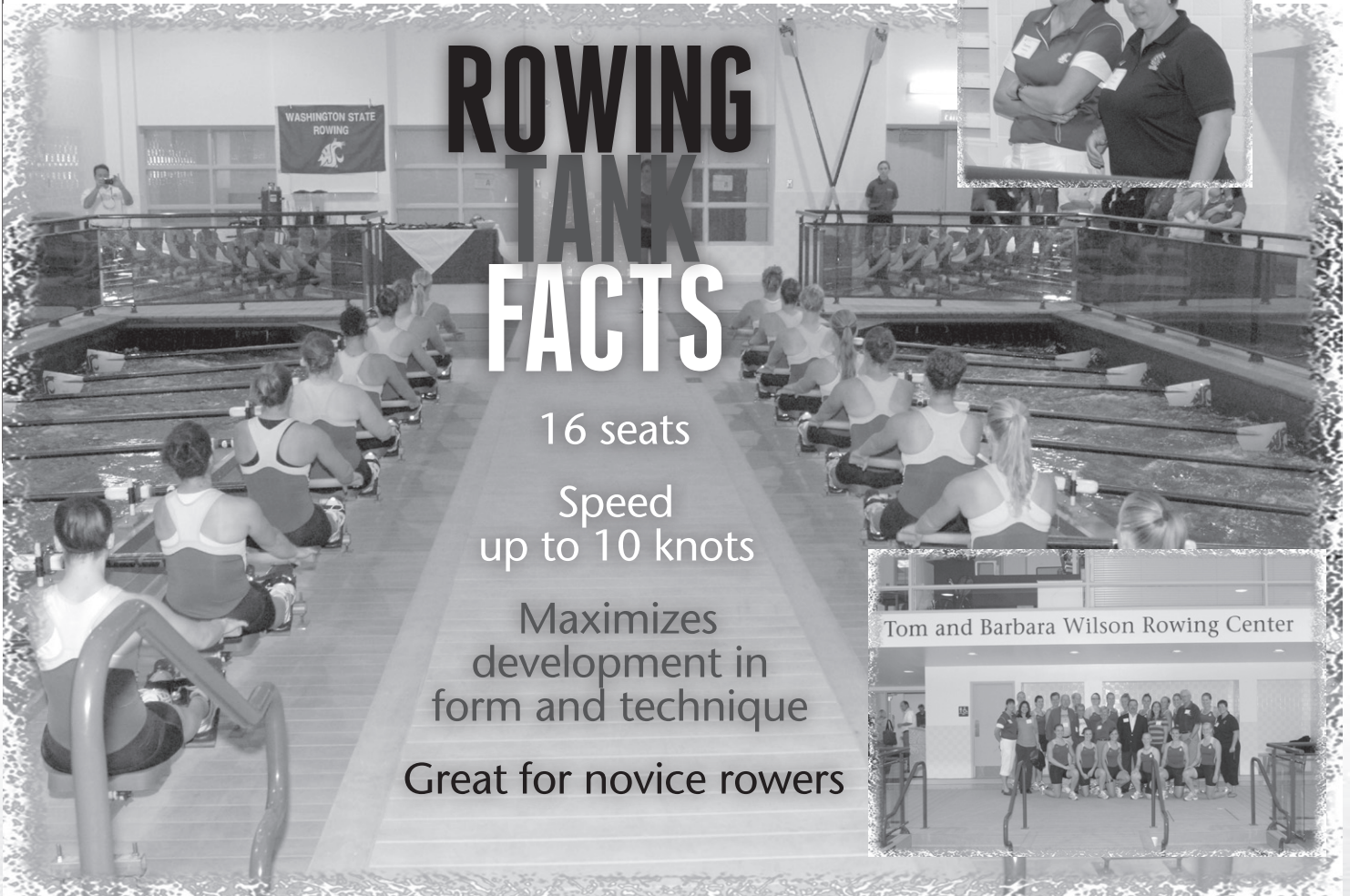
## ROWING TANK FACTS

16 seats

Speed  
up to 10 knots

Maximizes  
development in  
form and technique

Great for novice rowers



Tom and Barbara Wilson Rowing Center





# BOATHOUSE AT WAWAWAI LANDING





## No Experience? Cougar Women's Rowing Wants YOU!!

Did you know that you can become a WSU Varsity Athlete by "walking on" to the rowing team? Women's rowing at WSU is a fully funded varsity sport that competes in the PAC-10 Conference and we are looking for new athletes to add to our roster!

**No experience is required to try out for the Novice Team.** What are we looking for? Tenacious, hard-working, determined and committed women who are excited by the prospect of being part of a Division I, PAC-10 team. You bring the work ethic and drive to succeed, we'll teach you everything else!

## There are TWO positions on a Rowing Team

### • COXSWAIN •

If you are naturally light in weight (<115lbs), competitive, assertive, bright, feisty and eager to learn you could be a coxswain



### • OARSWOMAN •

If you are tall (5'8"+), athletic, competitive, invite challenge and are willing to work to become part of a winning athletic tradition, you might excel as a rower

### Myth Busters:

- *"I'm not a morning person."* You don't have to be an early riser to be a rower! We practice on the Snake River in the afternoons five days a week between 4:15-7pm, whichever fits your schedule! As the season progresses, we will add in Saturdays and 2 conditioning workouts per week.
- *"It is too expensive."* Women's Rowing is a fully funded, varsity sport at Washington State University. There is no participation fee to join the team and we cover expenses for rowing related activities.
- *"I don't have enough time."* You can manage rowing, working, school and have a social life! Being an athlete does add to your time commitment but we are very accommodating and provide additional resources to assist with your time management including access to athletic trainers, tutors, academic advisors, athletic department facilities, and the use of the athletic department computer lab **free of charge**.

### Fun Facts!

- Fifty percent of the athletes who participated in the last two NCAA Championship appearances in 2006 and 2008 had no rowing experience prior to when they started as walk-on novices
- The women's rowing team is the highest nationally ranked women's varsity athletic team at WSU
- The rowing team's cumulative GPA during the 2007-2008 season was a 3.1 and 17 Cougar Rowers earned Pac-10 Rowing All-Academic Honors
- Many of the 2008 Olympic U.S. National Team rowers "walked on" to their college teams with no prior rowing experience

**Interested?** Fill out an online questionnaire, found under the Cougar Corner Heading at the following website:  
<http://wsucougars.cstv.com/sports/w-crew/wast-w-crew-body.html> and we will send you more information!



# NCAA APPEARANCES

2002 2003 2004 2006 2008



## HOST OF 2010 NCAA CHAMPIONSHIPS

Sacramento, Calif. • May 28–30, 2010

## 2009-10 Regatta Schedule

Date	Day	Event/Opponent	Site
Oct. 24	Saturday	Head of the Spokane	Spokane, Wash.
Oct. 30	Friday	Head of the Snake	Wawawai Landing
Nov. 8	Sunday	Head of the Lake	Seattle, Wash.
Mar. 20	Saturday	Class Day	Wawawai Landing
Mar. 27	Saturday	Husky Invitational (2N, 3V, 4V)	Seattle, Wash.
Mar. 27-28	Sat-Sun	San Diego Crew Classic (1V,2V,1N)	San Diego, Calif.
Apr. 3	Saturday	Gonzaga, Western Washington	Spokane, Wash.
Apr. 10	Saturday	Washington	Seattle, Wash.
Apr. 17-18	Sat-Sun	Lake Natoma Invite	Gold River, Calif.
May 1	Saturday	Oregon State	Wawawai Landing
May 16	Sunday	Pacific-10 Championships	Gold River, Calif.
May 28-30	Fri-Sun	NCAA Championships	Gold River, Calif.



WASHINGTON STATE UNIVERSITY  
ROWING